

### Discover Cape Breton Craft

Art and craft often mirror the heritage, lifestyle and geography of the region where artists live and work. Nowhere is this more evident than on Cape Breton Island with its stunning landscapes, rich history and traditions that have fostered a dynamic creativity among its artisans.



Fabric Dyeing by the Sea - Ann Schroeder

Discover the connections between Cape Breton's culture and geography and the work of our artisans by taking to the road with the Cape Breton Artisan Trail Map or download the App. Both will set you on a trail of discovery and beauty with good measures of culture, history, adventure and charm.

Artful surprises can be found tucked in the nooks and crannies throughout the Island: Raku potters on the North Shore, visual artists in the Highlands, rug hookers in Cheticamp, quilters on the Ceilidh trail and jewellers everywhere in between. You will find fascinating blends of traditional and cutting edge, functional and aesthetic, simple and sophisticated craft.

And if seeing isn't enough, try creating your own handmade masterpiece - no experience necessary! You can take part in fabric dyeing by the sea in Mabou, a day of painting and kayaking along the shores of St. Ann's, a ring-making workshop in Sydney and much more. The beauty of Cape Breton is its ability to inspire creative expression.

A must see during your visit to our Island is the Cape Breton Centre for Craft & Design in downtown Sydney. The stunning Gallery Shop contains the work of over 70 Cape Breton artisans. Hundreds of unique and one-of-a-kind items are on display and available for purchase. The Centre also hosts exhibitions and a variety of craft workshops through the year.



Visual Artist Kenny Boone

Tailored Workshops Cape Breton Centre for Craft & Design

Craft has a celebrated history on our Island and, in many communities, craft remains a living tradition among contemporary artisans who honour and celebrate both form and function in endlessly creative ways. Visit artisan studios, start or add to your craft collection and explore hands-on experiences for the whole family as you discover Cape Breton craft.

### Come and discover Cape Breton craft.

Cape Breton Centre for Craft & Design is located at 322 Charlotte Street in downtown Sydney. Hours: Monday to Friday, 10am to 4pm and Saturdays from noon to 4pm, with the exception of holidays.

capebretoncraft.com

This is a paid advertisement



### ~ Welcome! Failte! Bienvenue! ~



# TABLE OF CONTENTS

COUNTY MAP	2
PORT HASTINGS	4
PORT HAWKESBURY	. 5
GLENDALE	13
CREIGNISH	14
JUDIQUE	
PORT HOOD	18
SQUARE DANCES	20
MABOU	25
LAKE AINSLIE	30
WHYCOCOMAGH	32
CELTIC SHORES	36
ORANGEDALE	40
INVERNESS	41
BROAD COVE	50
MARGAREES	52
BELLE CÔTE	56
ACADIAN SHORE	58
CHETICAMP	59
CBH NATIONAL PARK	68
PLEASANT BAY	69
MEAT COVE	71

Back: Alfred Poirier, Jim Mustard, Dwayne MacDonald. Front: Gloria LeBlanc, Duart MacAulay, Betty Ann MacQuarrie

The Municipality of the County of Inverness is pleased to welcome you to the sunset side of Cape Breton Island. Savour our rousing ceilidhs, the steady cadence of massed fiddlers, the fun and camaraderie of a square dance. Share our enthusiasm for the county and sizzling sunsets over placid water and dancing bonfires.

As you travel throughout our County become familiar with who we are and where we hope to be in the future. Enjoy our presence and then make western Cape Breton your vacation destination for fun, frolic and laughter amid the fluke of the whales and flight of the eagles.

To learn more about our history, or to travel through time from the beginning of our incorporation to the present, to meet our present day council, CAO and various departments who manage the affairs of our illustrious Inverness County visit us at www.invernesscounty.ca.

Duart MacAulay, Warden

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INVERNESS COUNTY RECREATION/TOURISM

PO Box 179, Port Hood, NS B0E 2W0



# An Inverness County Welcome

Inverness County comprises the entire western coastline of Cape Breton Island, reaching inland as far as the beautiful Bras d'Or Lakes. Between these two shorelines, cultures and arts, languages and landscapes complement each other, extending an open invitation for visitors to experience any or all of western Cape Breton's offerings.

Those offerings are myriad, lunch with live fiddle music in Judique, where you can also learn a fiddle tune or a few basic square dance steps. You can swim at the sandy life-guarded beach at Port Hood, go square dancing in West Mabou or Glencoe, golfing, swimming or watching harness racing in Inverness, salmon fishing or hiking along the Margaree River, golfing at Cabot Links in Inverness or Le Portage course in Cheticamp. Receive a warm invitation to join in the vibrant Acadian culture of LeMoine and Cheticamp. Pleasant Bay has a marvellous whale museum or nearby whale watching in that village. Camping and hiking at the tiny, tenacious and wonderful village of Meat Cove is a visitors' favourite.

These are only a few of the choices to be made and enjoyed along the coast.

Going inland there is Lake Ainslie, Nova Scotia's largest fresh water lake, with camp sites, hiking trails and the popular Scotsville School of Crafts where traditional weaving and/or heritage skills are practiced daily, and for which workshops are available for visitors.

Beyond Lake Ainslie is Whycocomagh which every summer celebrates a multicultural festival. At any time of the season Whycocomagh invites you to hike Salt Mountain or camp in the Whycocomagh Provincial Park, or to visit Waycobah, the Mi'qmak village just across the Skye River which this year will host the Mi'qmak Summer Games. Both villages border on the shores of the Bras d'Or.

Inverness County: The Sunset Side of Cape Breton Island,

our guide for your visit among us, contains far more pages of activities and inter-activities, culinary choices, places to rest, and events to see or participate in than can be mentioned in this meagre but well meant welcome.

Inverness County is a place rich in history, and a wealth of museums in each community tells that town or village's story of centuries of settlement, the survival of cultures and languages, the industrial and agricultural past and present.

Many villages offer weekly "ceilidhs" or gatherings featuring musicians, Gaelic singers, dancers and even storytellers.

For those who want to experience Inverness County first hand through bicycling, canoeing, hiking, whale watching, square dancing, or any other personal involvement, the options are many, the excitement, thrilling.

The highly acclaimed 92-kilometre Celtic Shores Coastal Trail is one if Inverness County's latest gems in a rich geographic and cultural landscape.

Our hope is that each day's end will bring you a joyful exhaustion, a sense of a day well spent, whose lingering last moments might be spent watching a rare and beautiful sight from the shores of Inverness County, that is the witnessing of one of the few ocean sunsets to be found on the eastern side of the North American continent.

So welcome to Inverness County. May your journey among us not be your last, but fill you with lasting memories of a place we believe is special, special enough for us to spend our lives here, special enough to feel it is worth sharing with you.



Page 4 PORT HASTINGS 2014 Activity Guide

### Impressive Quilt Market housed in Port Hastings Museum

One of the first places of interest visitors encounter upon entering Cape Breton Island is the Port Hastings Museum, located across the rotary from the Visitors Information Centre.

If original handcrafted works by gifted Cape Bretoners are of interest, we encourage you to visit the Artisans Collective craft shop at the Port Hastings Museum. This seasonal gift shop has become a destination of choice for visitors looking to purchase quality handcrafted items. Some of the artisans are juried members of the Cape Breton Centre for Craft and Design. The gift shop is fully stocked with an assortment of top quality handcrafted goods made by the members who are quilters, knitters, weavers, and wood crafters.

The shop's inventory includes bed quilts of all sizes, smaller quilted items such as table runners, place mats, wall



PORT HASTINGS

MUSEUM & ARCHIVES
AND THE QUILT & CRAFT SHOP

AT THE ENTRANCE TO CAPE BRETON ISLAND

BUS TOURS WELCOME - PICNIC TABLES
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hangings, baby quilts and doll quilts, woven goods including scarves, runners, and blankets, wool appliquéd runners and pillows, knitting, purses, totes, wooden vases, bowls, and other assorted items to meet everyone's price range.

The artisans staff the shop and gladly give tours, answer any questions, and even provide an impromptu demonstration of their craft. The Artisans Collective is open June 16<sup>th</sup> through to October 24th, Monday - Friday, 9:00-5:00, Saturdays and Sundays 12:00-4:00 p.m. The shop will also be open for "Christmas at the Museum" from November 28th to December 7th from 11:00 to 5:00. For further information, call Barb MacInytre at 625-1546.

#### THE PORT HASTINGS MUSEUM TELLS AN INTERESTING STORY FROM SHIP-BUILDING TO CAUSEWAYS

While the Port Hastings Museum may house a fine artisan's gift shop, the museum itself is a place that will appeal to those interested



in history or curious about the places they visit. The museum will be open to the public this year from June 16<sup>th</sup> until October 24<sup>th</sup>.

The displays include interesting exhibits about the history of the Strait area communities, the building of the Canso Causeway and its impact, genealogical records, and an impressive collection of scale model ships and boats constructed by two local craftsmen.

While admiring the panoramic view, there is ice cream available in July and August on the grounds.

#### **MUSEUM EVENTS**

There will be a *Canada Day Open House* held at the museum on July 1<sup>st</sup>, where all are welcome.

There will be a 50<sup>th</sup> Anniversary

Festival of the Strait Display from July 9<sup>th</sup> to 13<sup>th</sup>.

To mark the 125th anniversary of the Town of Port Hawkesbury, the organizing committee will host an afternoon tea and the First Princesses of 1964, and the museum will also have a float entered in the Festival of the Strait parade (July 13th). 13<sup>th</sup> there will August an open house with a BBQ in recognition 59<sup>th</sup> the anniversary of official the opening the Canso Causeway.

### **SPECIAL CEILIDH**

An afternoon ceilidh will be held in the museum on Friday, October 10<sup>th</sup> in conjunction with Celtic Colours. They will also be staying open another week after Celtic Colours this year.





# TOWN OF PORT HAWKESBURY

### Port Hawkesbury Veterans Memorial Park a place to reflect, relax

For a touch of solemn solitude, and an opportunity to simply sit and relax, visit the Port Hawkesbury Veterans Memorial Park. While there are benches upon which to rest, the atmosphere is one where a person feels the weight of great sacrifice and the fullness of one's own gratitude.

Unveiled in 2013, the Veterans Memorial Park is the culmination of a community's dream of honouring its war heroes, living and dead.

The memorial itself is a stunning tribute to the courage of so many Canadians, particularly those who served from the town and surrounding counties. Its centrepiece is a large bronze Canadian maple leaf which enfolds several Armed Forces figures wearing the various uniforms from the wars in which Canada took part.





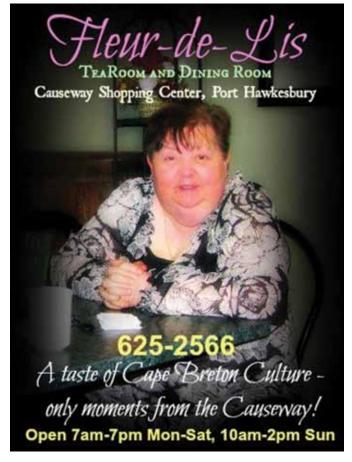




Schmalz, a sculptor widely known for his memorial pieces.

This unveiling of this memorial was a moving experience for those in attendance, with none more moved than those veterans who were able to attend and take part in the ceremony.

If you decide to visit Veterans Memorial Park, to sit among the iconic images and more than 2000 names inscribed there, it will tell you something about the people among whom you are currently visiting, and may well remind you of those from your own home or homeland who have been equally selfless in their sacrifices.



Page 6 2014 Activity Guide

### Port Hawkesbury presents ... 20th annual Free Granville Green Concert Series



Popular country group - Company Road performing during the 2013 Granville Green series

Along with celebrating its 125th birthday, the Town of Port Hawkesbury is also marking its 20th summer of presenting its Free Granville Green Concerts.

This summer, each Sunday evening from July 6th until and including August 10th, the spacious green space on Granville Street will draw large audiences to hear some of the best talent Atlantic Canada has to offer.

This year's lineup was unconfirmed at press time, but

based on previous performances and performers, visitors and residents will be in for a weekly treat.

Each Sunday, the format offers a major musical presentation, whether a popular solo singer-songwriter or a band from rock, country or traditional genres. Each headline act is preceded by an opening performance, one that gives the audience a preview of what the future of music in Cape Breton and across Atlantic Canada has to offer.



Barney Bentall 2013 performance

The Free Granville Green Concert series is made possible because the Town of Port Hawkesbury itself, and several local businesses and industries, pick up the tab to ensure that each week the stage at Granville Green is filled with talent fine enough to have the audience leaving satisfied, and the town proud of



CAPE BRETON - RICHMOND

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# The Celtic Colours International Music Festival kicks off in Port Hawkesbury October 10<sup>th</sup>



Martin Hayes CC Opening-2013

Each October, Cape Breton Island becomes one of the world's largest venues when it hosts the annual Celtic Colours International Music Festival, and the 9-day party kicks off right here in Port Hawkesbury, popularly known as Cape Breton's front porch.

The front porch is a fine place to begin any party, and this year, from Friday, October 10<sup>th</sup> to Saturday, October 18<sup>th</sup>, Celtic Col-

ours will be presenting performances in more than a score of venues all across the island, and across the spectrum of stages from soft seat performance centres to fire halls.

But it all begins in Port Hawkesbury's Civic Centre with a major musical bash, a place you want to be if you are visiting Cape Breton during this popular time. Over the years, artists have traveled from Scotland, Ireland, England, Wales, Brittany, Spain, Denmark, Norway, Germany, and Cuba as well as from across the United States and Canada to join the finest of Cape Breton's musicians, singers, dancers, storytellers and tradition-bearers for the annual autumn celebration.

For up-to-date information, visit: www.celtic-colours.com.

### Shannon Studio Ceilidhs every Tuesday

A *ceilidh*, Gaelic for a social gathering, takes place every Tuesday evening at the Shannon Studio in Port Hawkesbury's Civic Centre, starting July 8<sup>th</sup> and carrying on through to August 19<sup>th</sup>.

The weekly ceilidhs, emceed by radio personality Bob MacEachern, have an interesting line-up each week, one that brings to the stage members of the same family, or relatives, or friends who have influenced, or been influenced by, the family. In Cape Breton, family musical traditions reach back generations in many cases, so that each family brings its own 'signature' to the style in which they play.

The Shannon Studio itself, one of the best small venues on the island, provides an intimate setting, giving the audience an up close and personal experience with what will always be a first class line-up of entertainers.

The Shannon Studio ceilidhs, a co-op presentation by the Port Hastings Museum and the Civic Centre, will run from 7:30-9:00 p.m. Admission to the ceilidh includes a cup of tea and oatcakes which you can enjoy along with the music.

That's every Tuesday July 8th - August 19th. Adm: \$8.



Page 8 2014 Activity Guide

### Festival of the Strait 2014 Schedule of Events

#### TUESDAY, JULY 8TH

7:00-9:00 p.m.- Ceilidh Shannon Studio - Port Hawkesbury Civic Centre.

#### WEDNESDAY, JULY 9TH

5:00-7:00 p.m. - Men's Open Tennis, Port Hawkesbury Tennis Grounds 6:00-8:00 p.m. - Princess Pageant -SAERC Auditorium open to the public. Free admission.

8:00-10:00 p.m. - Pre-Teen Dance, Port Hawkesbury Fire Hall.

#### THURSDAY, JULY 10TH

7:00-9:00 p.m. - 101.5 The Hawk's Quad County Showcase, Granville Green. (Winning entry will get an opening gig for a feature performance during the 2015 Granville Green Free Concerts)
5:00-7:00 p.m. - Mixed Tennis

Tournament, Port Hawkesbury Tennis

Grounds.

7:00-9:00 - Children's movie

9:00-11:00 - Movie for all ages.

Movies Under the Stars (double feature) Presented by the RCMP, Strait Festival and Port Hawkesbury Theatre Group.

#### FRIDAY, JULY 11TH

10:00 a.m.-Noon- Road Hockey Tournament SAERC Courts behind the school.

10:00-11:00 a.m.- Story Hour (ages 3-8) SAERC Library. Phone 625-2729 to register

11:00-Noon- Brain Games (ages 9-11) SAERC Library. Phone 625-2729 to register.

11:00 a.m. - 1:30 p.m.- Cold Plate Lunch at St. Mark's Church, Port Hawkesbury. \$10 per plate includes dessert. Hosted by the 1st Port Hawkesbury Girl Guides. 6:00-8:00 p.m.- 5-Card Harness Racing Dash at Crandall Road. Presented by the Port Hawkesbury Horsemen.

8:00-9:00 p.m.- Parade of Sails, Port

Hawkesbury waterfront.

9:00-10:00 p.m.- Family Bonfire, Port Hawkesbury waterfront.

#### SATURDAY, JULY 12TH

Festival of the Strait Family 5 and 10 k Fun Run

8:00-9:00 a.m.- 5k Run or Walk; 10k Run or Walk; and a Fun Run for all. Port Hawkesbury Waterfront.

9:00-11:00 a.m. - KOC Pancake Breakfast at the Port Hawkesbury Waterfront. Presented by the KOC

11:00 a.m. - 2:00 p.m.- Family Fun Day -Bouncy castles, games, races and more at the Port Hawkesbury Waterfront.

6:00-8:00 p.m. - Washer Toss Tournament Port Hawkesbury Curling Club.

10:00 p.m. - 2:00 a.m.- Pub by the Sea - with the Eddie Cummings Band.

#### SUNDAY, JULY 13TH

8:00-11:00 p.m - Community Breakfast: . Evergreen Club

1:00 p.m. - Festival Street Parade - begins at parking lot behind SAERC. Parade route available online: www.festivalofthestrait.com.

2:00-4:00 -125<sup>th</sup> Anniversary Celebration: at the Port Hawkesbury Waterfront. Includes a variety show with a welcome by bagpipers, performances by local and heritage performers, a ribbon cutting and congratulatory words from invited dignitaries. Enjoy a piece of Port Hawkesbury's 125<sup>th</sup> birthday cake.

7:00 p.m. - Granville Green Free Concert

Festival Closing Fireworks begin at dusk on the Port Hawkesbury Waterfront.

www.festivalofthestrait.ca

### Port Hawkesbury celebrating 125th year

The Town of Port Hawkesbury will be celebrating its 125th anniversary this year, the milestone marked by a heightened Festival of the Strait and several other community events for the enjoyment of residents and visitors. Originally named Ship Harbour, Port Hawkesbury grew in prominence

as a major harbour, going on later to become a central component of the Intercolonial Railway, then adapting the changing times and economy by becoming a major pulp producer in Atlantic Canada, a role it continues to play, while being ever ready to adopt or to adapt to new economic opportunities that present themselves in the 21st Century.

It is in the spirit of this determination and history of accomplishment that Port Hawkesbury prepares for its 125<sup>th</sup> anniversary in a joyous manner. Feel free to join them as the Festival of the Strait starts to celebrate.



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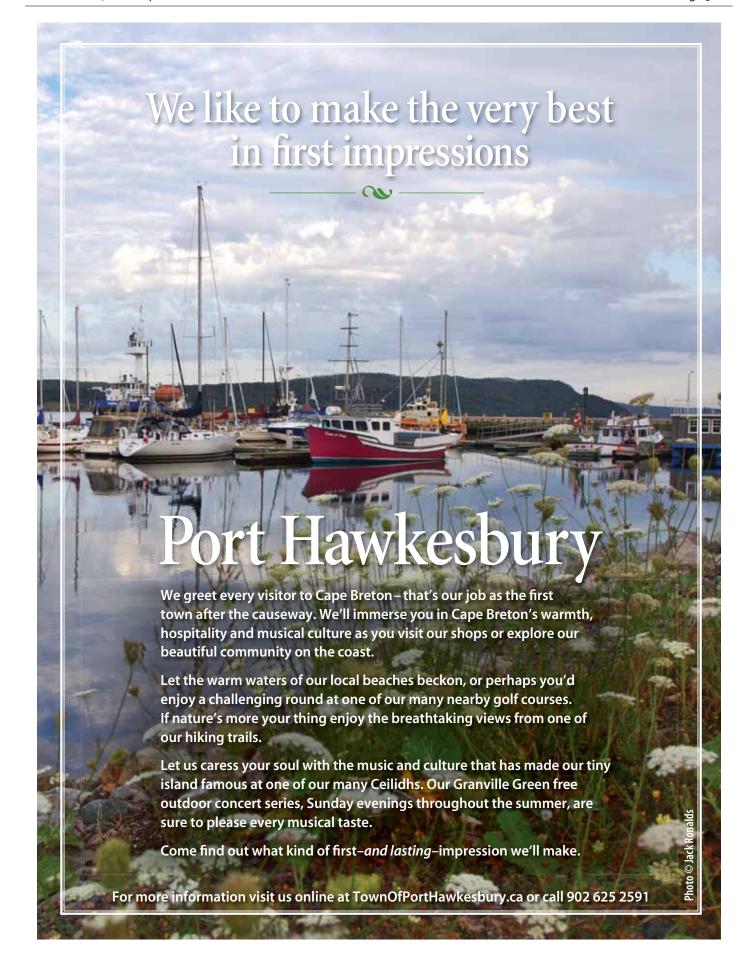
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Page 10 2014 Activity Guide

# J. Franklin Wright Gallery to feature artists, photography and photo history of Port Hawkesbury

Port Hawksbury's J. Franklin Wright Gallery in the Civic Centre is offering a range of artistic experiences through the Spring, Summer and Autumn. Gallery hours are Monday to Friday 4:00-9:00 p.m. and Saturday and Sunday 10:00-4:00 p.m

This year's exhibition schedule features, through May and June, an exhibit of *Works by Students* from the Port Hawkesbury and area schools. It will

X 3 R L VOU TACK

run from May 8<sup>th</sup>
- June 26<sup>th</sup>, and
offers visitors a
glimpse of the
emerging artistic
talent being
nurtured in the
school system,
or being pursued
by individually
talented young

**Student Works 2013** talented young artists with a passion for pencil and/or paint.

Through July and August, the J. Franklin

Wright Gallery expects to mount an exhibit Celebrating the 125 years of Port Hawkesbury's existence. With material through archives, gathered museums, or loaned to the curators, this exhibit can be of interest to any resident open to learning more about the town's past, as well as to many visitors who have an interest in the history of the places they choose to visit.

In September and carrying on through the Celtic Colours International Music Festival in October, the Wright Gallery features the work of *Photographer Peter Jowett* whose passion for outdoor photography has taken him to all corners of Canada.

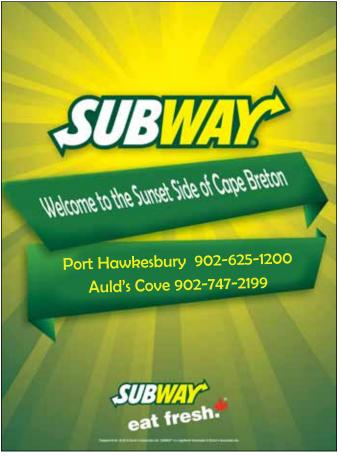
Since 1981, Peter's love of Canada's natural wonders led him to protect nature as an Alberta Park Ranger, a National Park Warden (AB, BC, NWT) and currently as a Federal Fisheries Officer



(BC, ON, NS). He is the principal author of *Nahanni: The River Guide* which is in the process of evolving into a fourth edition.

At age 14, Peter developed an interest in photography and "Painting with Light" continues to challenge him as he combines the art and science of this medium. The stunning results are evident in his capturing moments of beauty among birds, insects, sea life and wildlife.







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### **AULD'S COVE**

Trans Canada Highway

### ST. PETER'S

9966 Grenville Street

### PORT HAWKESBURY (two locations)

Reeves Street (Corner of Pitt & Reeves St.)
Causeway Insurance Building

### **CHETICAMP**

On the Cabot Trail

Page 12 2014 Activity Guide

### 5-Dash Harness Racing Card



At Port Hawkesbury's Venture Downs on Crandall Road, the local horsemen will be hosting a 5-dash card of harness racing. The annual event, featuring locally owned horses from Port Hawkesbury and the surrounding area, is an old fashioned picnic style of racing. The dashes begin at 6:00 p.m. and there will be a licenced area and a BBQ on the grounds. A thrill for everyone.

# Farmers' Market on alternate Thursdays offer fresh choices

A farmers' market is always a good way for travellers to replenish their menus with fresh produce and that's what is available at the farmers' market beginning June  $12^{\text{th}}$  in Port Hawkesbury.

Held at the Port Hawkesbury Civic Centre, the market is held from 3:00-6:00 p.m. and averages between 30 and 40 vendors at each event. Through the summer and into autumn there will be 10 regular markets held on the following Thursdays: June  $12^{\text{th}}$ , June  $26^{\text{th}}$ , July  $24^{\text{th}}$ , August  $7^{\text{th}}$ , August  $21^{\text{st}}$ , September  $4^{\text{th}}$ , September  $18^{\text{th}}$ , October  $2^{\text{nd}}$ , October  $16^{\text{th}}$ , November  $29^{\text{th}}$  (Christmas Market-11:00 a.m. to 3:00 p.m.)

The markets offer a plentiful supply of fresh produce, as well as finished foods, meat, preserves, pickles, baked goods, confections, and local artisans' crafts.

Entertainment is provided each market day at the Civic Centre.



### Enjoy strolling through the Community Woodland Trails

The Community Woodland Trails are on land formerly part of an original grant to John Reeves in 1819. The woodlot is typical of Cape Breton.

The better drained land on the upper hillside was used for pasture 70 years ago. It was later abandoned and grew up as spruce and fir. The remaining land was more suited to growing trees and was kept as woodland. In the late 1970s, most of the softwood trees were killed by the spruce budworm.

Reforestation of the area was brush-raked and planted with more than 10,000 softwood seedlings. Spacing of natural regeneration occurred along Crandall Road. The area contains trees from the Maritimes and Western Canada – native red, white, and black spruce; red, white, and jack pines, and Western Lodgepole pine; European species such as Norway spruce, Siberian larch, and Scotch pine were also planted.

Naturally regenerated native spruce, fir, pine, tamarack, hemlock, maple, birch, poplar, white ash, and red oak occupy 90% of the property. The trails are comprised of the following types of terrain:

- (A) hilly, uneven terrain,
- (B) relatively smooth, easy hiking,
- (C) hardwood stands, softwood stands and open areas,
- (D) bridges and walkways built into the sides of hills,
- (E) brooks and ravines, very picturesque.



# **GLENDALE**

### Glendale's cultural centre presents the $53^{\text{rd}}$ annual concert July $13^{\text{th}}$

This year, Glendale celebrates its  $53^{\rm rd}$  annual concert where some of Cape Breton's finest entertainers take the stage. The concert features fiddlers, pipers, Gaelic singers, and other expressions of the Gaelic arts.



The concert, which will run 2:00-6:00 p.m. on Sunday, July 13<sup>th</sup>, is held on grounds considered historic, if not sacred, in the cultural story of Cape Breton Island's Highland Scottish heritage.

It was to these grounds in 1973 that the island's fiddlers converged to challenge the claim that the Cape Breton fiddler was vanishing. On that Sunday, more than 100 fiddlers stood on the Glendale stage under the direction of parish priest and cultural advocate Fr. John Angus Rankin, to definitively deny that fiddling on the island was waning.

That concert was a turning point in raising awareness, interest in, and igniting a fire in youngsters who began picking up the fiddle in unprecedented number, a phenomenon that continues today.

The 53<sup>rd</sup> annual outdoor concert on the Glendale concert grounds on July 13<sup>th</sup> 2:00-6:00 p.m., is part of the community's Ceilidh Days Festival.



Colin Grant on fiddle accompanied by Brian Doyle on guitar

### Cultural Centre offers ceilidhs, historic archives

The Father John Angus Rankin Cultural Centre brings much more to the season than Glendale's annual concert. The gift shop is open mid-June until mid-October. In the centre itself are archives and historical photos and articles for viewing, along with genealogical information.

There are also weaving demonstrations held at the cultural centre.

Beginning on June 18<sup>th</sup>, the centre will be hosting biweekly Kitchen Ceilidhs every second Wednesday throughout the summer and autumn, with a wrap-up ceilidh on the Wednesday preceding the Celtic Colours International Festival in October.

The Father John Angus Rankin Cultural Centre is also a C@P site where visitors can access email and keep in touch with family.

Page 14 GREGORSH 2014 Activity Guide





### Celtic jam sessions popular in Creignish

### Creignish Celtic biweekly jams continue through the summer

From April through to the end of August the weekly Celtic jams will continue at the Creignish Community Hall. The popular sessions are held Thursday evening with an invitation extended to residents and visitors to join in if they have an instrument or song to contribute, or to just sit back and enjoy the music.

Average attendance has been roughly 10 musicians including fiddlers, guitarists, pianists, pipers, as well as large, appreciative audiences. The tunes usually end at 10:00 p.m.

The Celtic jam session schedule for the coming spring and summer is: (alternate Thursdays) April  $17^{th}$ , May  $15^{th}$ , May  $15^{th}$ , May  $29^{th}$ , June  $19^{th}$ , July  $37^{th}$ , July  $31^{st}$ , Augusst  $14^{th}$  and August  $28^{th}$ . The jam sessions are expected to continue into the autumn following the same schedule.

Note: There is only a one-week gap between the sessions scheduled on 20-May & 5-June.





#### **JUDIQUE ON THE FLOOR DAYS**

MONDAY, AUGUST 11<sup>™</sup>

8:00 p.m. Bingo at Judique Community Centre

WEDNESDAY, AUGUST 13TH

4:00 p.m. Kayak Tour leaving Little Judique Harbour Contact Colleen MacLeod (cell) 902-227-5425 or 902-787-2215 (home)

#### THURSDAY, AUG. 14TH

6:00 p.m. Annual Amazing Race (Pre-register 902-787-2374) 9:00 p.m.-1:00 a.m. Pub and music, Judique Fire Hall

#### FRIDAY, AUG 15TH

9:00 p.m. -1:00 a.m. Adult Dance, JRA Grounds

#### SATURDAY, AUG. 16TH

8:00 a.m. Cedric MacDonald Memorial Race registration 9:00 a.m. Cedric MacDonald Memorial Race (5m and 5km) Judique Fire Hall

Noon: Judique on the Floor Annual Parade
1:00 p.m. Highland Games Heavy Events competition, JRA Grounds
1:00-3:00 p.m. Canteen, BBQ, Concert, Inflatables for children,
Children's Games, Children's Amazing Race, all held on
JRA Grounds.

3:00-7:00 p.m. Steak BBQ, Judique Fire Hall 9:00 p.m.-1:00 a.m. Adult Dance w/Matt Anderson, JRA Grounds.

#### SUNDAY, AUG 17TH

10:30 a.m.-12:30 p.m. KOC Brunch, Judique Community Centre 2:00-5:00 p.m. Kintyre Farm Outdoor Concert, Kintyre Farm.

#### WEDNESDAY IS A SONGWRITERS-SINGERS PUB NIGHT

This summer the Celtic Music Interpretive Centre is introducing a Songwriters-Singers Pub Night to its music schedule.

One of the misfortunes for residents and visitors alike has been a general lack of venues where Cape Breton's poetic troubadours can present their original material, or perform the traditional songs that have helped shape the Cape Breton culture as much as other musical forms.

In recognition of this, the Celtic Music Centre has decided to create a stage where, in a pub-like atmosphere, the island's singer-songwriters can present their words and music of their craft to an audience, many of whom have not heard much about this aspect of Cape Breton's creative arts.

The Pub Nights will be held from 6:00-8:00 p.m., and the kitchen will be open with menu specials.

Pub Night entertainers:

July 9<sup>th</sup>: Cyril MacPhee
July 16<sup>th</sup>: Buddy MacDonald

July 23<sup>rd</sup>: TBA July 30<sup>th</sup>: TBA

August 6th: Aaron MacDonald

August 13th: TBA

# JUDIQUE



The village's annual summer festival, Judique on the Floor Days evokes something of the reputation that Judique has enjoyed for generations for the strength and courage of its men. At dances in various community halls, the cry would often be heard, Judique on the floor. Who's going to put her off? It was a boast and a challenge, and in most cases (according to Judiquers anyway) nobody could put them off the dance floor.

While today's dances are of a kinder, gentler nature, the people of Judique enjoy evoking the past by naming their annual festival, and its associated dances, with that proud motto, Judique on the Floor.

### The Buddy MacMaster School of Fiddling

During the annual Celtic Colours International Music Festival, the Celtic Music Centre offers its week-long Buddy MacMaster School of Fiddling from October  $10^{\text{th}}$ - $18^{\text{th}}$ .



This increasingly popular school, named for one of Cape Breton's great fiddlers and most loved personalities, draws as its instructors musicians whose influence on the culture and on their students is and will be enduring. Among the great honours bestowed upon Buddy, the most recent was when, earlier this year, the 89-year-old musician was the recipient of the Lifetime Achievement Award presented by Folk Alliance International. He joined past winners such as Joan Baez, Bob Dylan, Woodie Guthrie and Canadian Stan Rogers.

The year's Buddy MacMaster School provides two accomplished instructors each day, each one of whom is also a performer in this year's Celtic Colours music festival. They include Shelley Campbell, Glenn Graham, Rachel Davis, Colin Grant, Andrea Beaton, Wendy MacIsaac, Troy MacGillivray, Kimberley Fraser, and two others to be announced.

Page 16 2014 Activity Guide

## MUSIC AND A MENU ARE PART OF CELTIC MUSIC CENTRE'S DAILY OFFERING THIS SUMMER



Allan Dewar on piano and Michael Hall playing the violin at a "kitchen" ceilidh

# How does a fine lunch accompanied by a live soundtrack of Cape Breton music sound?

That's what's on the menu at the Celtic Music Interpretive Centre in Judique Monday to Saturday. Live music will accompany your meal from 11:30 until 1:00 p.m., but the kitchen itself will remain open until 2:00 p.m.

From Monday to Friday, any one of the island's finest fiddlers will be providing music, while diners can expect celebrated pianist Allan Dewar to provide accompaniment.

On Saturdays during the lunch period, guests will be entertained by the Celtic Touch Dancers, a Highland Dance Troupe from nearby Creignish, *Sabra MacGillivray's Dancers*.

So stopping for a sandwich can turn into a full blown, midday ceilidh, making one of your early experiences in Inverness County one of your favourite experiences.



# Centre's Exhibit Room features Ashley MacIsaac display

This year, the popular Tom Rankin Exhibition Room in the Celtic Music Interpretive Centre will have a special display. Several artifacts made available to the centre by the celebrated Cape Breton fiddler Ashley MacIsaac will find a place among the historic Celtic music collection that already graces the Rankin Room.



Ashley MacIsaac





Shelly Campbell

are welcome to do so.

A short distance away is another interactive site where a 5-minute film by revered stepdancer Mary Janet MacDonald

Kinnon's demonstration, you



Mary Janet MacDonald

introduces you to the step you would use to dance to a reel, to a strathspey, and you are welcome to use the dance site to practice what Mary Janet has to teach.

There are other portals where the origin of the music is explained, where samples of various Celtic styles are played and explained.

Throughout the Exhibit Room are near life-sized images of some of the greatest musicians who have throughout their lives contributed to the genre of Cape Breton fiddling that is celebrated throughout the world today. These giants of the music, past and present, stand beside biographical information explaining their role, acknowledging their talents.



# Music Centre features Sunday ceilidhs all year round!



The Celtic Music Interpretive Centre operates year-round with Sunday afternoon (3:00-6:30 p.m.) ceilidhs. Each Sunday afternoon some gifted Cape Breton fiddler has entertained full houses of local music enthusiasts through some bitter winter months this year, and will continue to entertain all comers this summer.

Featuring marquee names

from Cape Breton its ceilidhs and gatherings increase during the summer months, step-dancing their way all the way into October, bouncing with the energy of its offerings, all musical in nature, always entertaining, and as educational as each individual desires.

The Sunday ceilidhs always boast a stellar cast of performers. (NOTE: On August 17<sup>th</sup>, the day of the Kintyre Farm Concert, the Sunday Ceilidh will be held from 7:00 p.m.-10:30 p.m. for this Sunday only.)



# Wayne's Variety Tel. 787-3404

OPEN 8-10 MON. - SAT., 10:30 - 10 SUNDAY

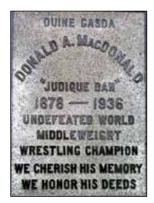


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**ROUTE #19, JUDIQUE, NS** 

# JUDIQUE DAN was world champion wrestler

Judique's claim to fame isn't wholly ingrained in its music. It is also the birthplace to a once famous wrestler, Donald Judique Dan MacDonald. A strong, likeable man, Judique Dan fought in 945 professional matches during his colourful wrestling career and became the undefeated world middleweight champion on New Year's Eve, 1912.



The story of Judique Dan's first unofficial fight is a tale of evening the score. His younger brother returned home from a New Brunswick lumber camp with a couple of black eyes and a battered nose and a variety of other injuries. When he heard that a bully from Bathurst had beaten his brother up, Dan left his supper of herring and potatoes and headed for New Brunswick.

In the spring he returned home happy and victorious, and soon began his professional career. A cairn is dedicated to Donald Judique Dan MacDonald outside one of the buildings in Judique.





### **Judique Community Centre**

EVENTS FACILITY

Events offering from weddings, birthday parties, banquets, board meetings; from large space to small gathering. Catering can be arranged or bring your own catered food. Ample parking and wheel chair accessible.

**JUDIQUE ON THE FLOOR DAYS** - At Judique Recreation Grounds, River Denys Rd. Activities include the amazing race, street parade, children's games, barbeque dinner, pub and softball tournament and the ever popular Scottish Heavy Games. Outdoor dances at the tennis court (19 and over – IDs required) both Friday and Saturday night. In case of inclement weather, dances will be held at the Judique Community Centre.



### 23<sup>rd</sup> Anniversary KINTYRE FARM OUTDOOR CONCERT

Cape Breton's Natural Stage

**August 17, 2PM – 5PM** River Denys Rd, Judique, NS

Enjoy this charming pastoral setting of a former homestead. The concert features Judique's and Inverness County's famed fiddlers, singers, dancers, pipers and

Celtic guitarists. Pack a blanket or chair and head for this fun filled afternoon. Canteen, public washrooms, and ample parking. Bus tours welcome.

Judique Community Centre 902-787-2434

Page 18 DORT HOOD 2014 Activity Guide

# **PORT HOOD**

### Port Hood was first settled by United Empire Loyalists in the 1780s

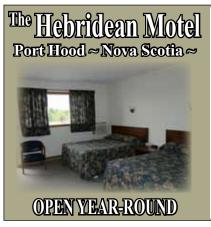
The Scottish migration of the early 1800s brought more settlers, and by 1818 there were 170 people living in the village, one-half of whom were Scottish, the rest Irish or Loyalist.

The community experienced a boom period from 1880 to 1910 as coal mining, fishing and marine trade flourished. An explosion in 1908 closed one of the mines, and the other was flooded and closed in 1911. A devastating fire in July of 1942 wiped out much of the town's business district.

Port Hood (pop. 710) is the fourth-largest community and county seat of Inverness County. The village has stores, restaurants, accommodations, post office, bank, liquor store, service stations and public wharf. There's a beach in town with a picnic area and supervised swimming. Today Port Hood is a service centre for the surrounding farming and fishing communities and is a popular stop for visitors touring the Ceilidh Trail.

A cairn in the village honours native son Sidney Earle Smith (1897-1959) who distinguished himself in the fields of law, education and politics and who was one-time Minister of External Affairs for Canada.





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# Port Hood Harbour: site of historic confrontation over US, British flags

Port Hood, shire town of Inverness County, is located along the shore of the Gulf of St. Lawrence, and that ocean atmosphere permeates the small village. Throughout the summer the sandy shorelines, with five stunning beaches, one of which offers lifeguard services through July and August, give residents and visitors alike a refreshing swim.

But Port Hood's beaches are just the beginning of a memorable discovery of this historic village where, during the mid-1800s, hundreds of ships plied their trade in and out of the harbour. Historian John L. MacDougall in his 1921 *History of Inverness County* tells readers that "fifty-five years ago, this writer remembers counting two hundred sail of the fine American and Maritime fishing fleet, riding restfully at anchor in the harbour at Port Hood..."

It may be of interest to American visitors to learn that during this period so many American ships were trading at Port Hood that one merchant violated the protocol regarding national flags, running the Stars and Stripes above that of the then governing nation's flag, the British Union Jack. The British Navy needed to send a warship in to enforce the proper protocol. That once vibrant harbour vanished with the erosion of a neck of land that linked the mainland village to what is now Port Hood Island, just offshore.

While shipping may have declined, the fisheries thrived, and today, at Murphy's Pond, during lobster season a fleet of local boats land catches daily. During the summer months, crab fishermen land their quotas daily on Murphy's Wharf, and later in the season when the tuna are running, tuna fleets bring in many of the large fish, most destined for the Japanese market.

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Reservations: (888) 434-Hall

www.hillcresthall.com



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## CHESTICO DAYS SCHEDULE



#### MONDAY, JULY 28TH

6:30 p.m.- Cemetery Mass at St. Peter's Parish.

#### TUESDAY, JULY 29TH

8:00 a.m.- Chestico Days Golf Tournament at the Dundee Golf Course. 8:00 - 10:00 p.m. - Youth Dance (Grades 6, 7, & 8) Doors close at 9. Adm: \$5.

#### WEDNESDAY, JULY 30TH

12:00 p.m.- Bikinis & Trunks Sand Sculpture Competition at the Courthouse Beach. Registration begins at noon. Judging will take place at 4:00 p.m. BBQ and prizes for 1st , 2nd , 3rd.

7:00 p.m.- Family Ceilidh at the Al MacInnis Sports Centre. Introduction of the Chestico Days princesses, followed by the Crowning of the Chestico Queen. Also introduction of Chestico Couple. Admission \$5. Under 12 free. Lunch provided.

#### THURSDAY, JULY 31ST

4:00 p.m.- Lobster Supper (Market Lobsters) at Al MacInnis Sports Centre. Lobster in shell along with homemade salads, rolls, pie, tea & coffee. \$20for a lobster meal. Hot dogs available for children (free for children when adult meal is purchased).

7:00 p.m.- Ceilidh at the Chestico Museum. Tea and light lunch will be served. Admission \$5. Children 12 and under are admitted free.

#### FRIDAY, AUGUST 1ST

2:00 p.m.-Children's Events - Teddy Bear Picnic at the Arena.

2:00 p.m.- 4:00 p.m.- Entertainment and hot dog BBQ at the Port Hood Co-op parking lot. Sponsored by Port Hood Coop and Chestico Museum

6:00 p.m.- Harness Racing at the Port Hood Race Track, Glencoe Station Road. beer garden, entertainment and BBQ. Bounce for Cash B \$5 per ticket or 3 for \$10. Tickets available at DF Beaton Service Centre, Ceilidh Coop or any member of the KOC. \$500 prize for each race.

10:00 p.m. - 1:00 a.m.- Adult Dance with No Filter at Al MacInnis Sports Centre. Admission: \$20. 19 - plus. ID's will be requested.

#### SATURDAY, AUGUST 2ND

9:00 a.m.- Alfred Reynolds Road Race & Family Fun Run/Walk (All Ages) B Registration from 8:00 a.m. B 9:00 a.m. at Port Hood Fire Hall. Fee is \$10 for Road Race (8K) & \$2 for Family Fun Run/Walk

(2KM)

9:00 a.m.- Pancake Breakfast hosted by the St. Stephen's United Church.

11:00 a.m.- Street Parade B Starting at Bayview Education Centre to High Road to Main St. to Al MacInnis Sports Centre Grounds.

12:00 p.m. - 4:00 p.m. - Al MacInnis Sports Centre grounds B Family Entertainment: Bounce-A-Ramas, Chocolate Wheel, Crown & Anchor, Fish Pond, BBQ, and much more.

12:00 p.m. - 2:00 p.m.- Chicken BBQ Dinner at the Port Hood Fire Hall. Hot dogs also available for children.

12:00 p.m. - 4:00 p.m.- Food and Craft Showcase at the Al MacInnis Sports Centre (mezzanine level).

12:30 p.m.- 29<sup>th</sup> Annual Stepdancing Festival and Concert on Al MacInnis Sports Centre Grounds, featuring step dancers, fiddlers, and Company Road. Beer Gardens & Entertainment on Al MacInnis Sports Centre Grounds. starts at 3:00 p.m.

1:00 p.m.- 6:00 p.m.- Beer Gardens and Entertainment on Al MacInnis Sports Centre grounds. 19- plus. Entertainment starts at 3:00 p.m.

10:00 p.m.-1:00 a.m.- Adult Dance with The Eddie Cummings Band at Al MacInnis Sports Centre. Admission \$20. ID's will be requested.

#### SUNDAY, AUGUST 3RD

1:00 p.m.- Chestico Boat Parade B prizes for 1st , 2nd , 3rd . Come watch the parade of boats from the Old Government Wharf/

Wharf Beach. (Not an official Chestico

9:30 p.m. (dusk)- Fireworks Show at the Old Government Wharf. Sponsored by Knights of Columbus.

### THE ANNUAL LOBSTER PICNIC

JULY 12<sup>TH</sup> The annual Port Hood Lobster Picnic, Saturday, July 12<sup>th</sup>, is a family affair that offers more than delicious lobster or a feed of fishcakes and beans. There will be entertainment on the outdoor stage at the Al MacInnis Sports Centre throughout the day. There will be children's games from 1:00 to 3:00, a horseshoe tournament, and a clown on the grounds from 3:00p.m.-5:00 p.m. For adults, there will be a beer garden.

A day for all ages!

musiccapebreton.com up to date entertainment and cultural events in Inverness County

### PORT HOOD



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# <u>The admiral</u>

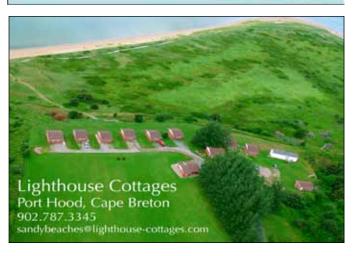
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# In Inverness County

#### **WEST MABOU** - Saturdays

Sports Club Hall, 2399 West Mabou Road, Mabou Year-round, 10 pm -1 am, Family Dance (all ages) Adm: \$8, Canteen The West Mabou Dance is famous for its indoor and outdoor dance floors and the ever-growing collection of framed photographs donated by musicians over the years.

Contact: Jimmy or Margie MacInnis (902) 945-2814

#### **BROOK VILLAGE PARISH HALL** - Mondays

6432 Route 252, Brook Village
End of June to Labour Day weekend, 9:30 pm -1 am,
Adult Dance (age 19+) Admission \$7, Bar and canteen
The Brook Village dance has been running since
Buddy MacMaster First started playing at dances.
Contact: Cathy Campbell (902) 945-2735

CREIGNISH - Creignish Community Hall, Creignish Tuesdays - Family Dance - 9:30-12:30 July 8th,15th,22th and August 5th,12th and 19th Fridays - Adult Dance (age 19+) 9:30-12:30 September 5th, 12th, 19th and October 3td,10th,17th

LAKE AINSLIE - Tuesdays - VFD Community Hall, Scotsville
July and August, 10 pm - 1 am, Adult Dance (age 19+)
Adm: \$7, Bar and canteen Enjoy a night of lively music and dance.
Contact: Michael Gillis (902) 756-2790 or
Mike Gillis (902) 756-2040

THE BARN - Wednesdays (July/Aug.) Fridays (June/Sept/Oct) 691 Egypt Road, Margaree Valley July and August, mid-June, September to mid-October, 8 pm Concert/Ceilidh, 10 pm Dance Family Concert/Ceilidh/Dance (all ages) Admission Concert/Dance Combo \$10/\$15/\$20, Dance Adult \$8, Student \$4 Contact: (902) 248-2987 or www.normawayinn.com

#### **GLENCOE MILLS HALL** Thursdays

628 Upper Glencoe Road, Glencoe Mills July to Labour Day weekend, 10 pm -1 am, Family Dance (all ages) Admission \$8, Canteen

The Glencoe Mills dance has been running for decades and for many years was Buddy MacMaster's regular Thursday night gig.

Contact: Irene Gillis (902) 945-2448 or Ruby Campbell (902) 945-2213

### ST. JOSEPH'S PARISH HALL Fridays

19678 Route 19, South West Margaree End of June to Labour Day weekend, 10 pm - 1 am - Adult Dance (age 19+) Admission \$8, Bar

Some of the legendary Cape Breton Fiddlers such as Angus Chisholm have played at this long running dance.

Contact: Lawrence MacLellan (902) 248-2180







## **Sunset Sands RV Park**

offers rest, relaxation, or lots to do



The community-owned Sunset Sands RV Park is located across from the Al MacInnis Sports Centre, the heart of summer activities in the village, and next door to a beautiful beach, just a comfortable chair away from a beautiful sunset, and a swimming pool for parents wanting to keep a closer eye on their children. The RV park has 55 full-service sites with 50 and 30 amps of power, satellite TV, and free wi-fi wireless internet access. It also offers 20 tenting sites, and is open May 15<sup>th</sup> to October 19<sup>th</sup>. Rental RVs are available with seasonal and monthly rates. From mid-June to mid-September, guests have complimentary use of a pool complex across the road (Wharf Road), which has adult and children's salt water pools and a large hot tub.



Page 22 2014 Activity Guide

### Chestico Museum adds historic panels, WWI chaplains exhibit









### **Historic Panels**

Port Hood's Chestico Museum is a place of local historic enlightenment and knowledge, as well as a weekly summer site for Thursday night ceilidhs where visitors and residents gather to enjoy remarkable music.

This summer's offering at Chestico is a viewing of four panels tracing the history of the region from earliest European settlement to the present.

The panels, rich in historic research, break the density of text with a collage of historic photographs depicting figures of renown from the village, maps, economic development.

One panel carries the story of Port Hood from 1700-1850, the Pioneer Phase, the founding and early settlement of the area.

A second panel examines the period from 1850-1910, billed as the Heyday of Port Hood, a time when sail, steam and coal infused a prosperity in those industries.

A third panel, focusing on the period from 1910 to the present, brings the viewer, through information, photograph and graphic illustration, across three centuries, the story of one small, determined village that has known prosperity and hardship, celebration and tragedy, and continues, in this time of urban concentration of population, to find and foster a rich rural lifestyle.

A fourth panel is dedicated to the history of Port Hood Island (1700-present), a short distance off shore, and a once vibrant community.







### **World War I Chaplains**



Complementing the newly created set of panels, the Chestico Museum has a tradition of reminding those who visit that the community has a living memory of the contributions made by Port Hood people through both world wars and Korea. Most summers, Chestico includes an exhibit of those men

and women who risked or sacrificed their lives to fight for this and other nations' freedom.

This summer, an exhibit will feature military chaplains who have served as spiritual guides to soldiers, sailors and airmen under the stress of war. The person whose role as chaplain will be highlighted in this exhibit is Major Donald MacPherson, a parish priest in Glendale when he decided to enlist as a chaplain.

### Thursday night ceilidhs at Chestico

On Thursday evenings from 7:00-8:00 p.m. there will be a ceilidh held at Port Hood's Chestico Museum. The ceilidhs offer visitors and residents an evening of fine music performed by local and visiting artists. Admission is \$5 adult, \$3 children.

### Chestico Museum



Located in Harbourview, 3 miles south of Port Hood on Route 19. Operated by Chestico Historical Society. General museum reflecting the history of Port Hood. Local artifacts, furnishings, objects from 1860 to 1925.

#### **OPEN**

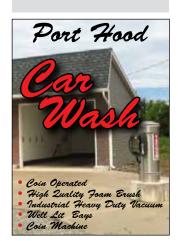
Monday to Saturday 9:00 - 5:00, Sunday 1:00 - 4:30 and Monday evening 6:30 - 9:00. Phone 787-2244. Admission FREE! Donation Welcomed!

### **CHURCHES**

St. Peter's Roman Catholic 787-3317

St. Stephen's United 787-2323

Jubilee United Port Hood Island (summer only) 787-2323





Page 24 2014 Activity Guide

# Port Hood Day Park offers rest, recreation

The Port Hood Day Park may be a welcome opportunity to relax or to explore the bordering shore. Located just as you arrive at Port Hood, the day park gives visitors a chance to rest while taking in the beauty of the setting which includes a fine view of Port Hood Island across the natural harbour between the park and island.

The day park is furnished with covered picnic tables



for eating, studying maps or just staring around. From the edge of the day park, too, a long, interesting boardwalk spreads across the sensitive dunes, providing a chance to stretch one's legs or use one's camera (or cell phone or Blackberry or other recording devices).



The park borders and offers easy access to a sandy beach.

At sunset it is one of many wonderful places to watch the sun sink in glorious colours behind the darkening mass of Port Hood Island.

Erected at the park is a large memorial to the coal miners who have been killed in the Port Hood mines when those mines formed the economic backbone of the village.





# **MABOU**



### Currently a Gaelic stronghold, Mabou is home to many cultures

Originally settled by the United Empire Loyalists who came to the region following the American Revolutionary War, soon followed by the Highlanders whose family names now dominate the census rolls, Mabou, beginning in the 1950s, was also the destination of a latter-day immigration with the arrival of a large number of families from Holland. The Mabous have attracted a number of American and Canadian youth during the restless and roaming days of the 1960s-70s, who have "found their way home" to Mabou.

The village of Mabou is at the heart of a network of rural communities rich in the Gaelic tradition.

For generations names such as Beaton, Rankin or MacDonald have been synonymous with a music tradition that echos back to its roots in the Highlands of Scotland while shaping itself through the generations into a distinct and celebrated sound now identified around the world as Cape Breton music.

It is not only the sound of the fiddle and the feet dancing to that fiddle that pays homage to the ancient tradition of the Gaels. The Gaelic tongue, too, thrives in Mabou where for the past thirty years the language has been on the school curriculum, and local organization, *Feis Mhabu*, has mounted a heroic effort to salvage the language and the tradition with increasingly successful results.



Page 26 2014 Activity Guide

### CEILIDH ON THE WHARF

## Mabou Coal Mines

On Sunday, August 10<sup>th</sup>, a ceilidh happens on the Mabou Coal Mines wharf from 1:00 to 4:00 p.m. While the ceilidh itself is a music-filled attraction, it is also one of the most beautiful side drives visitors can take into a stunningly beautiful landscape/seascape.





**To Get There:** Take the Mabou Harbour Road off Route 19 (beside the Mabou museum) and follow the signs. Fun and food and fine music await you at the end.



West Mabou Beach Provincial Park

# Mabou Farmers Market held every Sunday, 11a.m.-2 p.m.

Each Sunday from 11:00 a.m. to 2:00 p.m. through the summer and autumn, vendors gather at the Mabou Farmers Market to offer customers a broad choice of fresh produce, breads, baked goods, crafts and company over a quality cup of tea or coffee.

The Mabou Farmers Market is an eclectic collection of local food growers, producers, fishers, artisans and crafters whose regular season runs from early June 1st to October 12th at the Mabou Athletic Centre, 186 Mabou Harbour Road, just past St. Mary's Parish Church.

Situated about midpoint on Cape Breton's world famous Ceilidh Trail, the picturesque village of Mabou, the market offers a variety of options to visitors once the market itself closes. After visiting the market, check out beautiful West Mabou Beach Provincial Park, or the famous Red Shoe Pub. Perhaps take a hike on the rail

trail that cuts through Mabou, a portion of the Cross Canada Trail, and spot some bald eagles. There's something for everyone in Mabou.

Come join in on Sundays! Enjoy lunch or a snack and listen to live music. Shop for seasonal produce and berries, eggs, meat, fresh baking, flowers and plants. Find the perfect gift from a selection of leather belts, jewellery, hand-dyed scarves, cards, handspun yarn goods, wooden spoons, body care products, aromatherapeutic gifts and much more.

Maybe you just want to sit with a cup of something and listen to some fine, live music.

Best of all, meet the people who make and grow what you are buying.







Each summer, Mabou celebrates itself with an annual summer festival called Mabou Ceilidh Days.

### Mabou Ceilidh Days July 18th -20th



#### FRIDAY, JULY 18TH

6:00 p.m. - Boat Parade from Mabou Harbour to bridge in Mabou 7:00 p.m. - Ecumenical Service at the Mabou Marina

Teen Dance - Mabou Arena (times to be announced)

#### SATURDAY, JULY 19TH

9:00 a.m.- Hugh Arnold Campbell Road Race start (10k, 5k and Fun Run) 8:00 a.m.- Registration

Noon - Ceilidh Days Parade - Route from Mabou Community Hall to Dalbrae Academy grounds

1:00 p.m.- Outdoor Gala Concert and Games. This event will feature children's games, a craft market, a milling frolic,

beer gardens, bingo, and BBQ held on the Dalbrae Academy grounds. 10:00 p.m. to 2:00 a.m.- Ceilidh Adult Dance at the Mabou Arena.

#### SUNDAY, JULY 20TH

11:00 a.m.- Pioneer Mass held in St. Mary's Cemetery

11:00 a.m. to 2:00 p.m.- Farmers Market at the Mabou Arena

Noon-2:00 p.m.- Roast Beef Dinner at the Community Hall.

1:30 p.m.- Lucky Duck Race - starts at David MacMillan's Farm in Glendyer to the Mabou Bridge

7:30 p.m.- Mabou Ceilidh Concert held in the Community Hall.

# Mother of Sorrows Shrine; a quiet reflection

Near Mabou, on the road to Rankin Ridge (ask anyone) is the Mother of Sorrows Pioneer Shrine. Tourists come from near and far to visit this tiny shrine that was originally built as a church at Indian Point, three miles from its present location. Through time, the church fell into disuse, and in 1967 it was moved to the present site where it became a shrine operated by the Brothers of Our Lady, a Catholic order from Holland. The Mother of Sorrows Shrine is open 24 hours a day, seven days a week. During business hours, there is also an adjacent gift shop.



#### TUESDAY NIGHT CEILIDHS

A weekly summer ceilidh is held each Tuesday evening in the Mabou Community Hall on the village's main street, giving residents and visitors an opportunity to hear some excellent musicians



perform. With fiddler Karen Beaton, accompanied by pianist and ceilidh co-host Joey Beaton, the evening also showcases one or more of Inverness County's finest fiddlers. Joey's knowledge of the history of the music is a source of memorable information.





Page 28 2014 Activity Guide

JUNE 29

SUNDAY

MONDAY

els, Mary Elizabeth

JUNE 30

wie MacDonald, Brenda Stubbert, Tracey MacNeil, & Clarence Deveaux

JULY 1

TUESDAY

glas Cameron, Donnie Rankin MacInnis & Howie MacDorsald

JULY 2

WEDNESDAY

Brian MacDonald, Karen aton, John Pellerine, Joey Beaton, Marion Dewar, & Roper Stone JULY 3

THURSDAY

Dawn and Margie Beato Kenneth MacKenzie & jason Roach

JULY 4

FRIDAY

### ~ The Red Shoe Pub ~



From its inaugural opening in the 1990s and on into the present, the Red Shoe Pub in Mabou instantly became a Cape Breton cultural institution, a reputation that remains today and continues to grow. It is a place where live music is as much a part of the interior decorating as the archival photographs and welcoming atmosphere.

Now owned by members of the famed Cape Breton band, The Rankins, the nationally acclaimed pub is a source for food for the body and soul through its menu and its musical offerings. Throughout the summer and into the autumn, the flow of music and of people meeting each other, often again (Didn't I see you here last year?), the Shoe has enjoyed a popularity worth anyone's while to check out.

### An Drochaid Bridge Across Time

The recently renovated local museum, An Drochaid or Bridge Museum, operated by the Mabou Gaelic and Historical Society, is an active centre, and "bridge" is an aptly chosen name, bridging as it does the past and the present, presenting the vibrancy of the former through narrations and talents of the latter. A visitor to the museum will see a locally made quilt, the work of several women, called "Memories of Mabou" because it depicts the industries of the area in past years and in the present. One should also see the pieces of woven material from the Glendyer Woolen Mills, which were established in 1848 a few miles outside the village.







11485 Route 19, Mabou, NS, **BOE 1X0** 

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# The Glenora Inn & Distillery

Home of Glen Breton Rare ~ North America's 1st Single Malt Whisky



Nestled at the foot of the Mabou Highlands is the Glenora Distillery, a single malt whisky distillery. The distillery offers tours, as well as providing accommodations and fine dining. It is also a popular location for catching some of the County's traditional musicians.

#### The Glen Breton Toast

So the word is now out for all to see A single malt from this side of the sea A lowland taste, or a highland smile, or the tang of the sea, Like a malt from the Isle

These secrets reside in the walls of the cask, And those bouquets and flavours are with us at last. Ten years in a complex of oak and of smoke, Now we reach for the glass, For the cask has awoke

And we'll toast with Glen Breton, With more than a dram. For the dream of Glenora has captured our land From the shores of Cape Breton to our mountainous west



Canadians now toast with their very own best Glen Breton

Bryan Finlay

# Glenora Inn & DISTILLERY

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Home of

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Single Malt Whisky

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Page 30 ACTIVITY Guide

#### **LAKESIDE IMPRESSIONS**

School of Crafts hosts workshops during Celtic Colours

There's more than the weaving of colours into clan tartans going on at the Scotsville School of Crafts once the leaves of summer change into their autumn. The school becomes part of the Celtic Colours International Music Festival, taking place this year October 10th-18th.

While nightly concerts are performed across Cape Breton, throughout the day the island is alive with workshops and demonstrations, and the Scotsville School of Crafts is one of the centrepieces of this activity.

Find their schedule of events in the Celtic Colours guide or log on to the school's website: www.scotsvilleschoolofcrafts. ca/ and you will find yourself making pleasant choices.

Each October, the Scotsville School features an exhibit of arts and crafts that range from fine paintings to weaving woven to awe. Each day during Celtic Colours the exhibit is open to visitors.

Also, each day offers a new Celtic experience such as weaving demonstrations; there are hands-on spinning demonstrations; Celtic walks with a distinctive Gaelic accent; square dancing lessons; a milling frolic; painting workshops and much more.



# **LAKE AINSLIE**

# Scotsville School of Crafts keeps traditions alive



Lake Ainslie is home to a thriving tradition in the heritage arts, and few places showcase those skills as freshly as the Lake Ainslie Weavers and Craft Guild.

Active since 1985, this dedicated group of individuals have brought the once threatened cultural art of weaving to a living craft carried out by its members in their centre at Scotsville.

While the weavers who sit at the looms most often reproduce ancestral plaids and tartans of the Highlands clans, the weavers themselves are not lost in the past. From this creative centre new designs for tartans celebrating Inverness County and Lake Ainslie itself have been registered.

To determine when, during the summer months, the Scotsville School of Crafts will be open, visit their website: www.scotsvilleschoolofcrafts.ca/.

Visitors to the school can see displays of the weavers' work, browse a gift shop featuring handwoven items, tartans, knitted items, paintings, quilted items, woodwork, and other creations by local artisans. The school also houses a C@P site where people can access e-mail and conduct other online research or activities.

The main objective of this committed group of artisans is to perpetuate the traditional Celtic handcrafts while incorporating the most modern methods and techniques. It is also building a body of documents on all textile weaving in Inverness County. The long-term hope is that this information will one day take book form and become widely available.



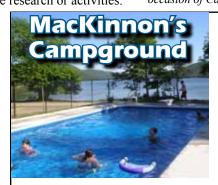
Lake Ainslie Heritage Tartan

BLUE for the water, the sky above and the blueberries that grow/ WHITE for the cross of St. Andrew, the Barite and the snow/ GOLD for the clean sandy beaches and the rising of the sun/ RED for the beautiful sunsets which are second to none./ GREEN for the mountains, spruce and pine, as proud and tall they stand/ And the grass that blows in the wind like waves upon the land.

When settlers came from Europe's shores so many years ago, they brought with them a pride and strength that's not seen anymore. They faced the harsh cold winter storms, had many hungry days. They lived by faith and fear of God and strict religious ways. This TARTAN, that we weave today, pays tribute to the old. The flag they left, the shores they found, this HERITAGE is told

Composed in 1985 by Vincent Smith, Allan MacMillan and Verna MacMillan.

Designed by Verna MacMillan and registered at the Scottish Tartans Society, in Comrie, Scotland, in 1985 on the occasion of Cape Breton's Bicentennial.



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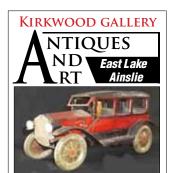
### Lake Ainslie Firemen's Ceilidh July 1st - 6th

The annual Lake Ainslie Firemen's Ceilidh Days takes place this summer from July  $1^{\text{st}}$ - $6^{\text{th}}$ . Among the events visitors might want to take in is the adult square dance on Wednesday, July  $2^{\text{nd}}$  at the fire hall in Scotsville.

Tuesday, July 1st -

Merchandise Bingo at the firehall.

Wednesday, the 2<sup>nd</sup> - Summer square dances



HOURS: WED-SAT 10- 5
Other days and evenings come by

chance or call for an appointment.

Robby MacKinnon 902-756-2631

Barrie Fraser 902-258-2364

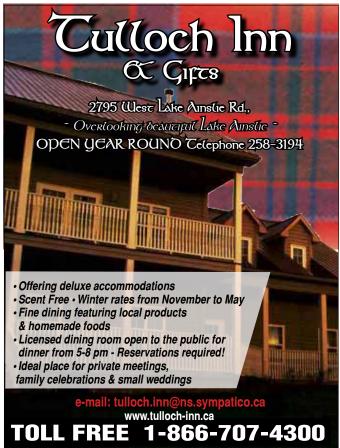
NOTE: This is the dance that kicks off the summer-long Wednesday night dances at Scotsville, a popular place to be on Wednesdays.

**Thursday, July 3<sup>rd</sup>** - Pub Night, with entertainment provided by MOO'Nlighting Productions.

Friday, July 4th - Traditional

dinner of maraghs and ham. *Saturday, July 5<sup>th</sup>* - the Scotsville fire brigade will host a 40<sup>th</sup> anniversary parade beginning at noon. The parade route is from the Scotsville School of Crafts to the Scotsville fire station where people can then enjoy games, a barbecue, and of course, visiting sessions with old friends or new visitors.





### **MacDonald House Museum**



Follow the key signs to museums in Nova Scotia



www.seasidehighspeed.com/~p.maclean

On the shores of Lake Ainslie, tour a heritage home, hear stories of the local people and enjoy the views of the sparkling water. With a large parking area, picnic site and children's hiking trail, the visit will be a treat for all.

We are open from end of June to end of August. Visit our website or email for a list of events.

3458 Highway 395, East Lake Ainslie Inverness County, Nova Scotia 902-258-3317 Assisted by NSM and CCH

Email: lahistorical@seasidehighspeed.com

# WHYCOCOMAGH

### Whycocomagh Summer Festival ~ July 15th-21st

### **TUESDAY JULY 15<sup>TH</sup>**

Teen Dance, Fire Hall

#### WEDNESDAY JULY 16<sup>™</sup>

Family Square Dance, Waterfront Centre

#### THURSDAY JULY 17<sup>™</sup>

Waterfront Activities and Pub at the Waterfront Centre



#### FRIDAY JULY 18<sup>™</sup>

Teddy Bear Picnic-Provincial Park Milling Frolic at Cameron Hall Pub night at Lion's Hall

JULY 19<sup>™</sup> Pancake Breakfast **Ball Tournament** 5k and Fun Run Children's Activities Pub night at Lion's Hall

**SATURDAY** 

#### SUNDAY JULY 20TH

Ball Tournament Ceilidh and Pub at the Waterfront Centre



NOTE to Visitors: For accurate times and locations for Whycocomagh Summer Festival events visit www.hogoma.ca.



WATERFRONT CENTRE
Whycocomagh

SUNDAY
Wendy Machaac,
eith and Colin NacDonald
& Mac Morin

JUNE 29

MONDAY
Kenneth and Calum
MacKenzie,
Shelly Campbell,
& Patrick Gillis
JUNE 30

Donna Marie DeWolfe, Gobrielle MacLellan, Toon Daniels, Mary Elizabeth Mackinis, Doug Lamey, & Rob MacLean WEDNESDAY Brian MacDonald, Karen Beaton, John Pellerine, Joey Beaton, Harion Dewar, & Junior Fraser JULY 2 THURSDAY on MacDougall, Kimberley Fraser, Helody and Derrick Cameron, & Kolten MacDonell

JULY 3

J.P. Cormier and Frien

Whycocomagh Waterfront hall ... ceilidhs, music jams, canoes & kayaks

The Whycocomagh Waterfront Community Centre along the Trans Canada Highway offers several events and adventures for visitors.



It is across the road from the hall that the Trans Canada Trail through Inverness County ends, and it is at the front door of the Waterfront Centre that the Blue Trail (the water trail) begins. Those coming from the trail, or simply off the highway will find canoes and kayaks for rent at the centre, giving people an opportunity to explore portions of the Bras d' Or Lakes.

Depending on the day, the centre has much to offer those who enjoy music. On Friday evenings there will be a weekly Whycocomagh Ceilidh through the summer months beginning at 7:30 p.m.

On Thursday evenings from 7:00-9:00, there will be weekly music jams



where, if you have an instrument, you are welcome to join the music making. Or if you have an ear or simply enjoy a fine tune or good song, there's always room to join the audience, no audition required.

To find out the latest scheduled events for the Waterfront Centre, check the website: hogama.ca.

# Waterfront Centre offers planting workshops

The Waterfront Centre will be offering planting workshops that may be of interest to some visitors who happen to be in the Whycocomagh area during the presentation dates. The series titled Grow Local/Eat Local will be led by Marilyn MacDonald of the Bayside Garden Centre in Whycocomagh. All workshops are from 7:00-8:30 p.m. There will be registration fee.

May 14th (Wednesday)
Planting and Preparing to Plant

June 3<sup>rd</sup> (Tuesday) Planting the Garden

August 5<sup>th</sup> Harvesting Techniques

Sept. 9<sup>th</sup> (Tuesday) Long-Term Storage

October 15<sup>th</sup> (Wednesday)
Chef-guided preparation of local food.

WORKSHOP BEGINS AT 6:30 P.M.

# Waterfront Centre hosting Kitchen Fest



June 29<sup>th</sup>-July 4<sup>th</sup> The Whycocomagh Centre will be hosting a Kitchen Fest each evening from June 29<sup>th</sup> through to and including July 4<sup>th</sup>, offering a stellar lineup of Cape Breton performers. Performances are from 9:00 p.m. to Midnight.





Page 34 2014 Activity Guide

### Have yourself a blacksmith experience at Fire House Iron Works

At FireHouse Ironworks in Whycocomagh you can apprentice with a local blacksmith and experience what it was like to work in a traditional blacksmith shop.

While the blacksmithing operation offers a range of intensive workshops to people exploring or expanding this ancient craft, owner-operator Grant Haverstock will also guide visitors through the process of forging a piece of iron, following a safety demonstration and basic forge safety instruction.

Once you've successfully tried your hand at the heritage craft of blacksmithing, you will leave with a small item that you have made, proof of enjoying a unique Cape Breton experience.

Heather F., of Morden, Manitoba, said of her experience, "I... never dreamed I would have the opportunity to try my hand at the trade. What an incredible time I had as a blacksmith. Grant was a great teacher, guiding me through the process but giving me space so that I really had accomplished the finished product with my own two hands." Such experiences await you, as well.

In addition, The Ironworks showroom is filled with works from the blacksmith forge, gifts you may want for someone else, household items and decor that may appeal to you, or you can discuss special orders.







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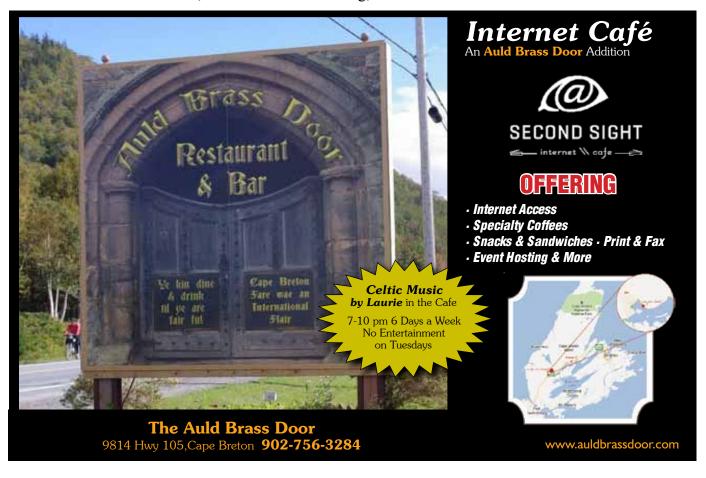
Wagmatcook Centre

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## Mi'kmaq have lived in neighbouring We'ko'kmaq for millennia



Across the Skye River is the First Nations Community of We'ko'kmaq (or Waycobah as it was originally misspelled but remains in use). The Mi'kmaq have inhabited this region for over 10,000 years, and their culture continues to thrive, and to preserve the ways and traditions of their ancestors. This tradition can be seen in their leather work, intricate basket weaving, and beautiful beadwork.



## The Celtic Shores Coastal Trail is comprised of five linked community trails.

The first kiosk is located just to the left of the Canso Causeway as you enter Cape Breton Island.

- 92 kms Port Hastings to Inverness
- CB Island TCT Trailhead Pavilion & Kiosk @ Canso Canal
- GPS: 0623718 E 5056156 N 0617365 E



## The Ceilidh Coastal Trail Section\*

The first kilometer of Trail is a gravel trail, single track before entering a two kilometer "hike-able" tidal washed section. This section is a hike-a-bike section, with amazing scenery of the Strait of Canso and Long Pond on the inland side. Cyclists are recommended to access the trail at kilometer 4 at Troy from Rt. #19.

- 22 kms Canso Canal to Chisholm's Brook, Long Point
- Troy Station Trailhead Kiosk/Access/Parking



## **2** The Judique Flyer Trail Section\*

Terrain & Tread - the trail tread is moderate unsurfaced for the first 4 kms then good as it is topcoated for over 25 kms. The Judique Flyer Trail Section of the Celtic Shores Coastal Trail begins at Trail Marker 20.5 at Chisholm River Trestle. Over the next 4 kms you will be treated to spectacular coastal view-scapes as the trail hugs the shoreline of Centennial Beach at an elevation of approx. 70' over the beach below.

- 19 kms Chisholm's Brook to Little Judique Harbour
- Michaels Landing Trailhead Kiosk/Access/Parking



## 3 The Chestico Trail Section\*

Tread & Terrain - very good for approx. 15 kms before entering a moderate unsurfaced section for about 3 kms. Crossing the causeway at Little Judique Harbour at the start of the Chestico Trail Section be sure to capture a view of the many heron perched on the shallow flats or fishing boats shimmering on water at the Harbour Wharf. Travel north about 3 kilometers to the Shore Road Crossing in Harbourview at Civic#76. You can leave the trail to your right and go approximately 400 meters to a tea room and bakery. Travel south one km on Route #19 to The Chestico Museum.

- 17 kms Little Judique Harbour to Zutphen Farm SW Mabou River
- Port Hood Station Trailhead Kiosk/Access/Parking



## The Mabou Rivers Trail Section\*

The next section of Celtic Shores Coastal Trail is the Mabou Rivers Trail Section, named for the three different water systems that adorn the trail to different degrees. The first 4 kms are unsurfaced before the tread becomes excellent for the next 13 kms through the village of Mabou.

- 19.6 kms Zutphen Farm SW Mabou River to Blackstone
- West Mabou Trailhead Kiosk/Access/Parking



## The Inverness Shean Trail Section\*

Traveling north on the final section of the Celtic Shores Coastal Trail from Blackstone about 4.5 kms to Kenloch you will experience unsurfaced but easily ride-able coal dust covered treadway. Shortly after crossing Hwy#252 at Kenloch civic # 4830 you will find a rest area along the shores of Lake Ainslie.

- 16 kms Blackstone to Inverness
- Miners Museum Trailhead Kiosk/Access/Parking



Check out our website for this and other great trail experiences in **Inverness County** 





Page 38 2014 Activity Guide

## Whycocomagh Park has camping, campfires, hiking

The provincially operated Whycocomagh Park offers visitors a range of interesting activities.

The park, located just outside the village, has 42 campsites, including three roomy yurts for visitors interested in that camping experience.

The park includes the Salt Mountain walking trail, which brings you to the mountaintop and a gorgeous view overlooking the beautiful Bras d'Or Lake.

Beginning in July, park employees arrange for Thursday evening campfire talks where local people familiar with the history, culture, wildlife or other aspects of the area share with campers their knowledge or experiences. The talks begin at 7:00 p.m., and everyone is welcome to attend.

On Parks Day, Saturday, July 19th, the Whycocomagh

Provincial Park will be hosting a special day filled with displays. Park Day falls in the same week as the village of Whycocomagh celebrates its 40<sup>th</sup> Whycocomagh Summer Festival. During this day there will be displays at the park, talks about fire prevention by enforcement officers, a visit from Smokey the Bear, and an opportunity for children to have their pictures taken with display animals such as bear, fox, fisher, eagle or other animals.

It is worth noting that the Whycocomagh Provincial Park is only a moment's drive or a few minutes walk to the Waterfront Community Hall where weekly Celtic ceilidhs are held, plus a range of other activities and entertainment.

## **Salt Mountain Trail**

This is a maintained 2.5 km return hike to the top of Salt Mountain rising 230 metres (750 feet) above Bras d'Or Lake. The steep climb to the top travels through a forest of predominantly mixed woods. At the summit there are several lookoff points offering picturesque views of the lake and surrounding mountains. The park itself contains camping, outhouses, picnic area, parking, cooking and table shelters, water taps and showers. Visitors are reminded to be careful on the very steep, slippery slope on the side of the mountain.



And this might happen to you ...





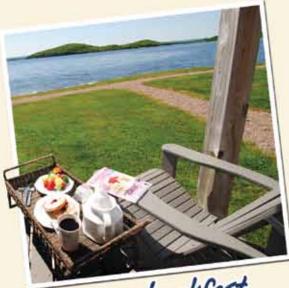
On Thursday evenings during the summer, campers at the Whycocomagh Provincial Park have been known to have their evening interrupted by the arrival of a local personality, Burton MacIntyre, offering to lead a convoy of campers and their cars to a local square dance. The dance MacIntyre will introduce you to is at Glencoe Mills, an over-the-

mountain drive to hear some of the finest fiddlers in Cape Breton play in one of the most cherished dance halls on the island, a former community schoolhouse. It has happened in the past to the great delight of those who have chosen to follow Burton to this cultural destination.

## CHURCHES

Holy Trinity Parish 902-756-3005 Little Narrows Presbyterian 902-756-2066 St. Andrews Presbyterian 902-756-2669

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## **ORANGEDALE**

## Orangedale Station to host Model Train Day June 28th



The Orangedale Station, made famous in a hit song by The Rankins, is a destination for train lovers come Saturday, June 28th, when a Model Railway Day will be held in the station which is now a popular museum. While the Orangedale whistle no longer blows, the station itself is a living memory for train lovers in the

Orangedale area, and for visitors sharing the same passion. The tiny village a short distance off the Trans Canada (Route 105) by taking Exit 4, has dedicated itself to remembering the history of railroading, and a time when Orangedale was a vital link along the rail line. So if you love trains, you will love Orangedale.

Named Orangedale for the once prominent Orangemen's Hall that stood in this valley, the early residents of Orangedale for years reported seeing forerunners of huge machines, and many continue

to believe those eerie experiences of hearing whistles and sounds of engines were the foretelling of the arrival of the railway which was built through the area in the 1880s.

The present museum, when it served as a station, was famous for the hospitality extended by Station Master Jim MacFarlane and his wife, Maggie, who lived with their family in the upstairs apartment. It is this couple who are celebrated in the Jimmy Rankin song.

The restored station proudly shows off the

second floor apartment where dignitaries such as Alexander Graham Bell were greeted, and shares with all visitors the memorabilia and artifacts of railroading displayed on the ground floor.

The winds of change forever blow Some things stay and some things go The falling rain must melt the snow The Orangedale whistle will always blow

~from Orangedale Whistle by Jimmy Rankin

## L'Arche Cape Breton offers crafts by local and Maritime artisans

L'Arche is an international organization, founded by Canadian Jean Vanier, creating home and work with people who have developmental disabilities. Here in Cape Breton, L'Arche operates six homes for 25 men and women with disabilities, as

well as 20-25 live-in staff who support them. Their day programs provide employment for all their residents, as well as numerous individuals with disabilities who live with their families or with other service providers. These programs include a craft studio; two used clothing stores – The Ark Store and The Hope Chest; a senior's club; a summer day camp for youth; a small bakery and an organic garden.

Many locals and passersby learn about L'Arche at The Ark Store in Iron Mines, Cape Breton or The Hope Chest in Mabou. Good quality used clothing, inspirational books, local and Nova Scotia crafts, and crafts made at the L'Arche workshop are sold here. Several core members are employed at the store, and they are kept very busy.

L'Arche Cape Breton is located just off the Trans Canada Highway at Exit 4, Orangedale. Visitors are always welcome at the L'Arche Cape Breton community, where the beauty and strength of people with intellectual disabilities is always apparent.



## CHURCHES Orangedale United 756-2829 Orangedale Presbyterian 756-3157



Cabot Links ranked 42<sup>nd</sup> among world's golf courses

## **INVERNESS**

## a place to play

"Cabot Links... is a resort-quality, high-end layout designed to be a true links golf course, a boutique category of oceanside golf architecture exceedingly rare outside the British Isles."



Bill Pennington, "The Increasing Allure of Faraway Fairways": New York Times

Cabot Links, ranked 42<sup>nd</sup> in *Golf Digest*'s World's 100 Greatest Golf Courses, offers

an inviting challenge to all golfers visiting western Cape Breton Island.

The 70-par Cabot Links, Canada's only authentic links golf course, is 18 holes of stunning geographic architecture complementing equally beautiful surroundings.

Cabot Links will command all of your concentration because the distractions are varied and many and beautiful, whether it is the warm summer roll of the Gulf of St. Lawrence or its grey pounding autumn surf, the sight of lobster or crab and tuna boats fishing off shore, or tying up to unload their catch at the local wharf just below the 11th hole.

A three-mile stretch of sandy beach running along the lower

edge of Cabot Links offers an ideal day-care setting for non-golfing family members of all ages. The town of Inverness, ringed by a horseshoe of mountains as rich in summer green or autumn colours as the sunsets themselves, add to the distractions. Then there is the legendary beauty of one of the few ocean sunsets that happens nightly on the eastern side of the North American continent.

There is also the standard abundance of the natural challenges associated with any links course, the winds, the rain, the deep traps, or the environmentally-protected wetlands on the course.

McDowell sets course record



You might know about our World Top 100 golf course, but with stylish accommodations, 5-star cuisine and a panoramic meeting space, Cabot Links is a dramatic departure from the typical golf excursion.

ROOM AND GOLF from \$275 per person

Page 42 2014 Activity Guide

In September of 2013, Cabot Links hosted a game featuring 2010 US Open Champion Graeme McDowell, and Graham De Laet, Canada's top golfer. It was a match-up that saw McDowell set the Cabot Links course record with a round of 65 on the links course.

## Links golf: a rare experience

How rare is the golf experience available at Cabot Links?

There are more than 30,000 golf courses in the world. Only 246 of them, less than one percent, can be classified as links courses, according to George Peper and Malcolm Campbell, co-authors of the book, *True Links*. Cabot Links is Canada's only authentic links course.

The par 70 links course has a 48-room hotel, pro shop, gift shop, clubhouse, two quality restaurants, and the nearby Cabot Public House for golfers and locals alike to enjoy and relax.

The course itself offers an opportunity for golfers of varying abilities to test their skills against the Rod Whitman-designed course. The course has the elasticity to play as long as 6800 yards, or to be as short as 3700 yards. It is a course upon which a golfer

can expand his or her skills by increasing the distance a player chooses to play.

With Director of Golf Joe Robinson on hand, advice can be had. Robinson, who had served for 39 years as pro with the highly acclaimed Highland Links in Ingonish on the famed Cabot Trail, took on the new challenge at Canada's only authentic links course.

Like all links courses, Cabot Links is a walking course only. No golf carts are available unless mobility issues are involved for golfers. Caddy service is offered.

Cabot Links, only in its third year, has drawn international attention, and while it is a golf course CONTINUED PAGE 46

## Within less than an hour's distance...

Besides offering a challenging golf course, there is an aspect of Cabot Links that visitors may not be aware of. Inverness is located in Central Inverness County, and for visitors to the Cabot Links there are many other attractions of which they, or any other visitor, should be aware. All along the western coast of Cape Breton Island there are offerings and experiences enough to encourage people to stay an extra or several days just to take it all in.

In JUDIQUE (45 minutes south of Inverness), there is the *Celtic Music Interpretive Centre*, offering food and daily entertainment, music archives and instruction.

In PORT HOOD (35 minutes south), the Chestico Museum is a hub of local history; and the village itself is lined with wonderful beaches, one of which is lifeguard patrolled.

In MABOU (25 minutes south), there is the heralded West Mabou Beach; the year-round Saturday night Family Square Dances; the music offerings of nationally acclaimed Red Shoe; several dining o

**CONTINUED PAGE 44** 



## Inverness Gathering is a community effort that offers all a good time

## **INVERNESS GATHERING SCHEDULE**

### **MONDAY, JULY 21ST**

Dr. Bernie MacLean Cultural & Recreation Centre Golf Tournament
La Portage Golf Course-Cheticamp

### TUESDAY, JULY 22ND

### Fishermen's Picnic

1:00 p.m. - Boat Rides from the wharf, lobster burgers, beer tent, children's games, with afternoon and evening entertainment on the stage.

## WEDNESDAY, JULY 23RD

### Horsemen's Day

11:00 - 2:00 p.m. Kids' day with games and BBQ

7:30 p.m. Inverness Gathering Pace at the Inverness Race Track

8:30 - 2:00 a.m. Pub Night at Inverness Fire Hall with Signal Hill (Opening act: Eddie Cummings). Pre-sold tickets only.

## THURSDAY, JULY 24TH

### Legion Day

Legion Memorial Services in the morning. Family fun day at Inverness Academy. Entertainment in the Park. Adult Dance with the Phantoms for Legion members and guests.

### FRIDAY, JULY 25TH

### Firemen's Day

10:00 a.m. Flea Market at Fire Hall Noon: BBQ Noon-2:00 p.m. Hayrides fror Inverness Fire Hall

12:30 - 2:00 p.m. Christmas in July, Inverness Cottage Workshop

### SATURDAY, JULY 26<sup>TH</sup>

Arena Day - 8-9 a.m. Registration for road race at Inverness Raceway 8:45 a.m. - Kids' Fun run 9:00 a.m. 5 mile Race; 5 k Run; 5 k Walk; all at the Inverness Race Track 11:00 a.m. Children's Parade

NOON: Inverness Gathering Parade. Following the parade there will be activities, games of chance and a BBQ at the Inverness Arena.

10:00 p.m. Adult Dance, Inverness Arena with the band, No Filter

### SUNDAY, JULY 27TH

### Ham & Salad Dinner

12:00-3:00 p.m. Ham and Salad Dinner served in the Inverness Fire Hall 3:00 - 9:00 p.m. The Broad Cove Concert Committee presents its annual Broad Cove Concert on the concert grounds behind St. Margaret of Scotland Church in Broad Cove.

## Got your sneakers?

Gathering 5 mile, 5 km run

Last summer's annual Inverness Gathering road race attracted more than 200 participants, and if you are visiting in the area and fond of loping around a track, through the woods, along the highway and through the town to the finish line back at the race track, you're welcome to register.

The multi-classification road race takes place Saturday, July 26<sup>th</sup>, with registration at the Inverness race track, at 8:00 a.m. You can register for the 5 mile race, the 5 kilometre run, or the kids' fun run.

The kids' fun run begins at 8:45 a.m. and the remaining racing begins at 9:00 a.m.







Open 7 Days a Week

6 a.m.-11 p.m.



Page 44 2014 Activity Guide

## ... from page 42

options; the nearby Thursday night summer family square dances in *Glencoe*; and beautiful drives.

At LAKE AINSLIE (30 minutes), there is the MacDonald House Museum; and the Scotsville School of Crafts with on-site demonstrations in weaving.

At INVERNESS, there is a life-guarded beach, weekly Sunday Afternoon and Wednesday Night Harness Racing, hiking trails, the Inverness County Centre for the Arts with exhibits of resident and visiting artists all summer.

At MARGAREE (30 minutes north), one of the world's famous Salmon Fishing Rivers is located, including the Salmon Museum with its history of the famous sport.

At CHETICAMP (45 minutes north) and the surrounding Acadian region exists one of the most vibrant Acadian cultures in all of Atlantic Canada, offering Authentic Acadian Cuisine; and ongoing celebration of all things Acadian in music and drama, nearby hiking at the entrance to the Cabot Trail.

All of these attractions are available within a forty-five minute drive of Cabot Links and Inverness.

## Demolition Derby is huge crowd pleaser!

The thunder of hooves pounding down the home stretch is the usual sound heard at the Inverness Raceway, but on Thursday, July 17<sup>th</sup> at 6:00 p.m., it will be the roar of engines and crunch of metal as scores of cars compete in the annual Demolition Derby.

## Last car running wins!









## ECMA winners The Town Heroes part of Inverness Free Concert series

For the second year, the Ceilidh Trail Park in Inverness will be the site of a series of free concerts.

Headlining this year's music will be the two-time ECMA award winners, The Town Heroes. The Inverness-Mabou duo plays rock with the energy of a five-piece band, a merging of talent and imagination that earned their latest recording, *Sunday Movies*, the East Coast's Rising Star Recording of the Year for 2014, coupled with a second award for Best Video, New York, the first single released from the recording.

However, the quality of the music throughout the five free concerts in the park aren't monopolized by the Heroes.

July 1st: The first concert, to be held on July 1st between 2:00-4:00 p.m. while the Ceilidh Trail CB Club hosts its annual Canada Day celebration in the park, will feature international fiddling sensation and multi-award-winner *Gillian Boucher*, joined by *Mary Seph Peters*. Gillian, with Seth's fine guitar accompaniment, has released a new recording, *Attuned*. A must see!

The July 11<sup>th</sup> concert features *Jess & Greg Favero*, a songwriting duo with a well groomed set of originals, lush harmonies and memorable guitar hooks.

July 18th: The Town Heroes

August 1st: Taylor Delaney & Rose Cameron

(These two young singers are local favourites whose reputations are reaching far beyond the limits of the town, or Cape Breton Island.)

August 8th: *No Filter* is a popular local band in demand for a number of gigs throughout this summer, showcasing the talents of musicians

Jamie Fontaine, Garett Beaton, Adam MacIsaac, Nancy MacDougall, Keith MacNeil.

**NOTE:** All concerts begin at 7:00 p.m. with the exception of Canada Day when Gillian and Seth perform from 2:00-4:00 p.m.









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Mens clothing also available



Page 46 2014 Activity Guide

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Kinnon and Butty Beston, Jackie Dum-Machase, B Bianche Sophocies

JUNE 29

JUNE 30

JULY 1

JULY 2

JULY 3

JULY 4

FRIDAY

All Fired Up, Rachel Davis, & Belly Campbell, Allan Dewar, Sandy MacDonald, & Patrick Lamey

Fraser, Melody and Derrick Camerun, & Kolten MacDonell

JULY 3

JULY 4

## Cabot...from page 42

that is, like others, filled with greens, it is also a "green" course, a course that takes no potentially productive land out of use. It is built in large part on land reclaimed from the slag heaps and ash piles dating back to Inverness's coal mining era. It also uses as its main irrigation water source the town's processed waste or brown water, and its design carefully protects inhabited bog land.

According to a feature in Air Canada's *En Route* magazine, "Cabot Links [is] part of an emerging trend toward minimalist golf design, where builders leave the natural landscape intact as much as possible. In an era when golf courses can cost tens of millions to build, golf developer Mike Keiser's projects usually cost a fraction of that amount."

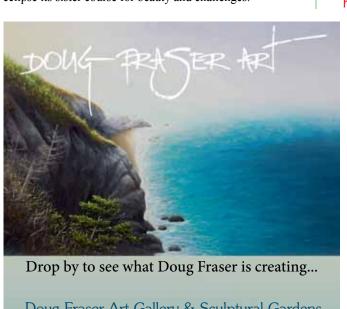
Of added interest to golfers is the possibility that Cabot Links may find its greatest challenge in holding its No. 1 ranking in Canada just a mile down the coastline where a new links course is under development. Cabot Cliffs, also created by developers Mike Keiser and Ben Cowan-Dewar, is scheduled for a 2015 opening, and the early reviews suggest it may eclipse its sister course for beauty and challenges.

## Inverness County Centre for the Arts offers exhibits, performances

A visit to Inverness will never be complete without a visit to the Inverness County Centre for the Arts. This gallery and performance centre features exhibits by professional artists throughout the summer and fall.



Throughout the summer and fall the Inverness County Centre for the Arts also offers a number of workshops, and has a superb gift shop and a calendar of entertainment.



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## Inverness Village Market offers choices of fresh produce, hand-crafted works











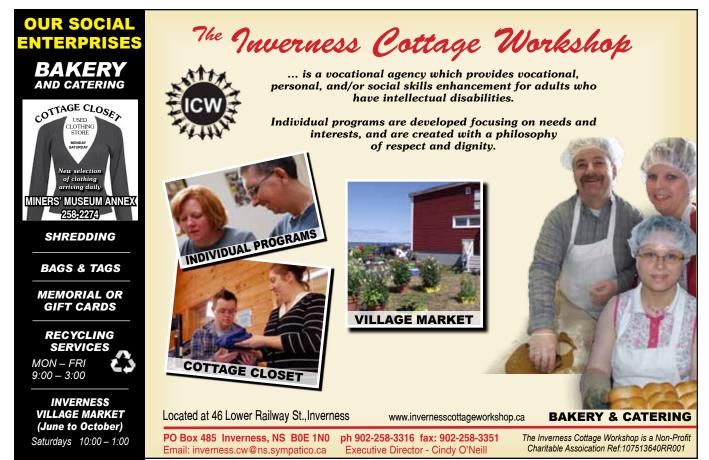
If visiting Inverness on any Saturday between June and September, a must-stop is the Inverness Village Market.

Situated on the right-hand side of the road as you drive or walk down to one of Cape Breton's most beautiful beaches, nestled next to the 9<sup>th</sup> hole of the world famous Cabot Links Golf Course, and located at the finish of the Ceilidh Coastal Trail, the Village Market is a quaint, friendly and relaxed gathering place.

You will find vendors selling beautifully hand-crafted items as well as home-baked goods, fresh produce from local farmers and gardeners, fresh local fish and seafood, lunch items and more. The Village Seafood Chowder, made right on the premises by the staff and participants, has become quite famous as "one of the best" that can be found in the area.

While you enjoy a free oatcake and a cup of tea, you can relax and listen to one of the local musicians and get a little taste of Cape Breton music. The Inverness Village Market is owned and operated by the Inverness Cottage Workshop – a vocational agency for adults who have intellectual disabilities. The participants work in social enterprises which include a bakery, a garden, a used clothing store and more. Be sure to visit while in Cape Breton this summer. Like the Facebook page at Inverness Village Market.





Page 48 2014 Activity Guide

## WIRE TO WIRE: Inverness harness racing offers photo-finish excitement

The harness Inverness racing track has been described as the most accessible grassroots level of this ancient and popular sport. The race track, which has been in operation since 1919, is run by volunteers, horsemen and women whose love of the sport have made this track work vear after vear.



For 90 years now, and as a United States Trotting Association member since the 1950s, each spring, summer and autumn the rapid thunder of hooves pounding towards the finish line has defined racing season after racing season. But nothing has defined the spirit of and love for horses more than the volunteer nature of the Inverness track. Generation after generation has produced young people whose passion for the sport has sustained the track through its best and its roughest economic seasons.

This summer as in past summers, on Sunday afternoons and Wednesday nights, local trotters and pacers will be racing to have their photos taken at the finish line, exciting fans and bettors.

The Inverness Horsemen also operate simulcast racing several nights a week in the track's parimutuel building, where races from Woodbine, Meadowlands, Flamboro, Rideau-Carlton, Georgian Downs and other ovals are telecast, and parimutuel wagering is available.







## Banks Schoolhouse hosting 4<sup>th</sup> annual outdoor music concert



A growing tradition, this August 11<sup>th</sup> and 12<sup>th</sup> will present the 4<sup>th</sup> annual Banks Schoolhouse music concert. The two-day free event features a broad range of music genres, and gives the stage to established and to promising musicians. Scheduled times: 6:00 to 8:00 p.m. and 8:00 p.m. to 11:00 p.m. both days.

Located at the intersection of Sight Point, Foot Cape Rd. and Banks Rd. in Inverness, the concert is a fun family event.

Organizers are anticipating holding a talent competition as part of this year's offering. What will most certainly be present on the stage throughout the two-day concert is talent, lots of it, including rocker Tyler Mullendore, the guitar mastery of Mitch Poirier, singersongwriter Michael Brennan, young talents Abby Mullendore, Taylor Delaney, and several other performers from within and without Inverness County. Bring a lawn chair - bring a musical instrument or just your dancing shoes. All are welcome!

Inverness Shean Co-op is one of the Banks Schoolhouse corporate supporters. BS concert creator and organizer is Michael Nikas. BS concert contact in Inverness is Mark Poirier. For additional information, visit: www.BanksSchoolhouse.ca.

## VETERAN'S MEMORIAL COURT



Located at the Inverness Education Centre and Academy on Veteran's Memorial Court, the Veteran's Memorial Wall pays tribute to the hundreds of soldiers who made sacrifices in World Wars I and II, and Korea. Inverness town had the highest per capita enlistment in WWII, and the highest per capita casualties. In St. Matthew's United Church you will find stained glass window memorials to the fallen, including three Jewish Invernessers.









Page 50 2014 Activity Guide



Years before the sound of Cape Breton music found worldwide audiences, a tradition was already being set in the hayfield behind St. Margaret's of Scotland Church, the parish and people of Broad Cove were already creating a tradition known as the Broad Cove Concert. Going into its 58th presentation on Sunday, July 27th, that tradition continues, a tradition that has presented the island's finest and favourite performers while also making plenty of room on the stage for the young and the promising. This year's concert promises more of the same quality and atmosphere that had lured thousands of fans to the hayfield year after year.

## 58<sup>th</sup> Broad Cove Scottish Concert

For six decades, Cape Breton's largest annual concert, the Broad Cove Scottish Concert, has filled the stage and field behind the St. Margaret of Scotland Church with the finest performers from the island's Celtic tradition. This year's edition of the Broad Cove Concert offers a stellar lineup of musicians, dancers and singers, and presents two special guests.

## Bruce Guthro and Dylan Guthro

The Broad Cove Scottish concert begins at 3:00 p.m., and includes a diversity of dance and music formats, among whom will be fiddler Howie MacDonald accompanied by Mac Morin for a special performance; the MacArthur School of Dance, a troupe with a stunning Celtic flair to their steps; Nuallan, a group headed by Kenneth MacKenzie of Mabou and featuring 5 pipers, a piano, fiddle and dancing; fiddler Ian MacDougall returns to the stage, as does Rodney MacDonald, and a score or more of others.

As the traditional Broad Cove Scottish Concert seems to draw to a close, stay in your seats because coming up is a special treat. This year, two of Cape Breton's most popular singer-songwriters take the stage to give a full concert of their own. Bruce Guthro, many of whose ballads have become part of the island's anthology

of great songs, joins his son, Dylan Guthro, for this special session. Both of the Guthros are enjoying individual careers, but their coming together on the Broad Cove stage promises to be a unique experience for



fans or those about to become

If several hours of music in Broad Cove isn't enough, there will be a square set in Southwest Margaree with Howie and Mac Morin following the concert.

> On the grounds of St. Margaret

> > of Scotland Parish

The best of Scottish talent including violin,

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and much more..



## The 58th Annual Broad Cove Concert

Sunday, July 27th/2014 3:00-9:00 p.m.



Dylan Guthro



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## Thursday Night Ceilidhs provide the soundtrack to Inverness summers



"That's the best \$5 I ever spent," one visitor exclaimed as he left a two-hour session at the Inverness Fire Hall. The session was the weekly Thursday Night Ceilidh, hosted by Gaelic singer Alice Freeman.

It is a weekly ceilidh through the summer months that showcases young musicians, some with already well-established reputations and some of whom we will be hearing much more of in years to come. For almost two decades this Inverness ceilidh has been extremely popular with residents and visitors. Listen for the kilted pipers out front of the fire hall if you are looking for this fine showcase of cultural entertainment.

## Marble monument honours greatness of a native son



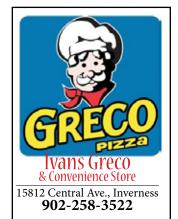
As you enter Inverness you will see on the upper sidewalk a marble monument to Inverness's favourite son, the Hon. Allan J. MacEachen, former Deputy Prime Minister of Canada whose various roles in the governments of Lester Pearson and Pierre Elliot Trudeau allowed him to become a major architect of national programs such as universal health care and care for the impoverished and elderly.





HOURS: Mon.Tues.Wed. & Fri. 9:00-5:00 Thursday open til 7:00 pm







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## Concert In The Park Series Rain or Shine!

Ceilidh Trail Park, Inverness

Friday Evenings at 7pm ~ Free Admission

## Everyone Welcome!

In the event of bad weather the Ceilidh will move inside



Sponsored by

<mark>July 1<sup>st</sup> - 2:00 -4:00 pm - Gillian Boucher & Mary Seph Peters</mark>

July 11th - Jess & Greg Favero

July 18th - The Town Heroes

August 1st - Taylor Delaney & Rose Cameron

August 8th - No Filter



Page 52 2014 Activity Guide

## THE MARGAREES



## Margaree Summer Festival hosts music, BBQ and writers

The Margaree Summer Festival begins on Canada Day with events planned around the Coady-Tompkins Library. In the field behind the library a stage presents a series of entertainers, while in the field residents and visitors mingle and munch on BBQ food and hotdogs. The afternoon fun is a build-up to the day's highlight, of readings by writers of local and national reputation.

## Margaree Salmon Museum, an angler's dream

The Margaree River, world famous for its salmon, runs through rural valleys and hills that are a dream come true for photographers, artists, and outdoorsmen. At the Margaree Salmon Museum learn the rich history of salmon fishing in this area and enjoy the incredible collection of salmon flies, rods, reels, and many other artifacts of sports fishing.



The only one of its kind in Nova Scotia, the Margaree Salmon Museum is located in North East Margaree and it celebrates one of world's most famous salmon-fishing rivers. The area has several other Margarees as well: Margaree Forks, East Margaree, Margaree Harbour, Margaree Valley, South West Margaree, and all of them are beautiful little communities along the river basin and among the hills, well meriting their celebration in local poetry, storytelling, fiddle music, and art.

The Salmon Museum mandate is clear: the history of the lifestyle and economics of the people of the Margaree area, the heritage of fishing on the Margaree River, and the conservation of Atlantic salmon and brook trout stocks for future generations. This museum is sponsored by the Margaree Anglers Association, and it contains an excellent collection of fishing tackle, photos and memorabilia of

## MARGAREE

SALMON MUSEUM



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Exhibits relate to salmon angling on the Margaree River. Excellent collections of fishing tackle, photos and memorabilia of famous anglers. Open June 15th - Oct. 15th, 9:00 a.m. - 5:00 p.m. Adm: Adults \$2, Children \$1



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## 3<sup>rd</sup> Annual Margaree Highland Games August 9<sup>th</sup>-10<sup>th</sup>



Competitors will be coming from across the Maritime provinces to compete in the 3<sup>rd</sup> Annual Margaree Highland Games on Sunday, August 10<sup>th</sup>. The Games will be held on the grounds of St. Michael's Parish Church at 1181 East Margaree Road.

Inaugurated in 2012, this third edition of the Margaree Highland Games is a competition that offers traditional Scottish tests of strength and skill, including the caber toss, and all the stone throws.

While the Highland Games have been a traditional expression of Highland Scot prowess for several centuries, they have endured through time in many parts of the world, but it has been quite some time since any place in Inverness County has hosted such games. The

growing popularity of the Margaree Highland Games suggests that it may be around for many years to come. The Margaree Highland Games is a day of challenges that will culminate with a Tug-of-War where teams from across Inverness County vie for the joy of pulling the opposing team across the line, proclaiming them victors of the Highland Games.

This year, as a prelude to Sunday's feats of strength, organizers are building anticipation with a series of activities on Saturday, August 9th. This will include a live auction, an even split bingo, a traditional Acadian frico supper, all leading up to a dance in the evening.

On Sunday, the day of the Highland Games, in addition to the regularly scheduled games, there will also be a competitive youth division. Young people in the Margarees have been training for their events.

Sunday, on the grounds, there will also be horse rides, races and a 5k run, canteen services and a beer garden.

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Duck

Page 54 2014 Activity Guide

## **Literary giants read -** 5<sup>th</sup> Annual July 1<sup>st</sup> Literary Day to include Giller Award winner Lynn Coady

The Coady-Tompkins Library in Margaree Forks will celebrate Canada Day (July  $1^{st}$ ) with a line-up that includes some of Canada's finest writers. The library event includes readings by four authors, Lunn Coadu, Alexander MacLeod, Beatrice MacNeil and Frank Macdonald.



LYNN COADY is the 2013 winner of Canada's richest literary prize, the Giller Award, for her short story collection. Hellgoing, a collection of nine short stories which often centre on characters who feel trapped in difficult situations or who are stuck within themselves. Catholicism and sexuality -- as well as the tension between them -- are also prominent themes.

Joining Coady at the reading will be ALEXANDER MACLEOD, a short story writer whose first book, Light Lifting, which has won an Atlantic Books Award. and has been short-listed for the Giller Award and Ireland's Frank O'Connor Award, has been acclaimed by critics "is engrossing, thrilling and ultimately satisfying: each story has the weight of a novel."





Cape Breton author **BEATRICE** MACNEIL will also be reading from her latest novel, Keeper of the Tide, set in Cape Breton and centred on Ivadoile, a widow who runs a boarding house in a home left to her by her doctor husband. As she approaches old age, Ivadoile muses over the turns her life has taken.

FRANK MACDONALD is a novelist, playwright, and newspaper columnist living in Inverness, Cape Breton. His works include A Forest for Calum, A Possible Madness, both of which have been long-listed for the IMPAC-Dublin Award. He has also written a children's novella, T.R.'s Adventure at Angus the Wheeler's. His third novel. Tinker and Blue, will be released this autumn.







While the Coady-Tompkins Library will celebrate its Literacy Day event with the four authors beginning to read at 3:00 p.m., Canada Day on the grounds begins much earlier, at 12:00 noon, with a BBQ and corn boil and live music on the stage behind the library. The readings themselves will conclude with questions from the audience, followed by the cutting and sharing of the annual Canada Day cake, served with fresh rhubarb juice.

There is no admission to the grounds or readings, but free will offerings to the library would be welcomed.

## Anything that Floats challenge and laughter on the Margaree River

The always popular annual Anything that Floats Race will take place August 2<sup>nd</sup> on the Margaree River, which becomes a waterway for imaginations.

In past years, the river has seen convoys of almost seaworthy craft make their way down the river. Some reach the finish line, some finish at the starting line, but what every crew (and the audience) does experience is loads of water-logged fun.



The Anything that Floats Race is open to everyone, so visitors are invited to root through their travel luggage for some inventive idea (that won't let them drown).

The race, which begins at Tanners Run, will hold registrations at 1:00 p.m., with the race beginning at 2:00 p.m., ending at Margaree Forks. A BBQ and prizes will follow at the Coady Tompkins Memorial Library grounds.

## MARGAREE FIREMEN FUN DAYS

## FRIDAY, JULY 4<sup>TH</sup>

A Family Dance will be held at the Cranton Crossroads Community Centre from 7:00 p.m. - 10:00 p.m.

## SATURDAY, JULY 5TH

10 a.m. A Parade will be held from Cranton Bridge to the Community Centre along the West Side of the River. Following the parade, a fun day for children will be held on the community centre grounds. An Adult Dance will be held from 9:00 p.m.-1:00 a.m.









Page 56 BELLE CÔTE 2014 Activity Guide

## Belle Côte Days - July 23rd-27th

Belle Côte, beautifully located on the north side of the Margaree River across from Margaree Harbour, will be hosting its annual festival, Belle Côte Days, from July 23<sup>rd</sup> to the 27<sup>th</sup>, offering residents and visitors a fun chance to stop and explore and join in the spirit of these happy times.





## Wednesday - July 23rd

Belle Côte Golf Tournament at Le Portage Golf Course, Cheticamp

## Thursday - July 24th

Triathlon - Belle Côte Beach (Morning event check locally for time) Horseshoe Tournament Belle Côte Community Centre - 7:00 p.m. **Ecumenical Service** Belle Côte Centre 7:00-7:30 p.m Outdoor Concert - Belle Côte Community Centre 7:45-10:00 p.m.

## Friday - July 25th

Seniors Card Play (Belle Côte Centre) 1:00-3:00 p.m.

Crab & Corn Supper Belle Côte Centre - 4:30 p.m.

Lola & The Phantoms (outdoor concert and beer gardens) Belle Côte Centre: 8:30-1:00 a.m.

## Saturday - July 26th

All-You-Can-Eat Breakfast 7:30-11:30 a.m. (Belle Côte Centre) Belle Côte Parade 2:00 p.m.

Kids' Party with free hot dogs and drinks (following parade) Belle Côte Centre

Old Fashioned Square Dance (music by Lawrence Cameron) 9:00-1:00 a.m.

## Sunday - July 27th

Chicken Barbecue (by the Margaree Volunteer Fire Department at the Belle Côte Centre) 11:00 a.m. to 1:00 p.m. Big Raffle Ticket Draw 1:00 p.m. - Belle Côte Community Centre





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Page 58 ARADIAN SHORE 2014 Activity Guide

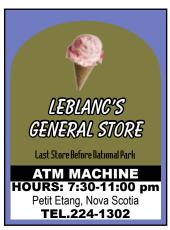
## **ACADIAN SHORE**

## Interactive Mi-Carême Centre involves visitors in ancient Acadian tradition

## Nous laissons rentrer le Mi-carême!

Le Centre de la Mi-carême is situated in the heart of Grand-Étang, within a beautiful working harbour in the Acadian Region of the Cabot Trail. The centre depicts culture, community and rejuvenation as they celebrate the oldest Acadian tradition, La Mi-carême.

A visit to the centre is a must for anyone wishing to celebrate food, music, and laughter, and who wants to enjoy a hands-on learning experience of a celebrated Acadian tradition. A visit to the *Centre de la Mi-Carême* in Grand-Étang should be part



of any visitor's itinerary. It offers a unique display of locally crafted masks and interactive exhibits depicting the evolution of one of the oldest Acadian traditions, *La Mi-Carême*.

Centre de la Mi-carême also offers workshops on how to be the perfect Mi-carême. Dress up and learn the tricks of the trade – you can also create your own mask to finish your Mi-carême ensemble.

For centuries, Cheticamp Acadians have maintained and sustained an ancient tradition, brought with them from France. La Mi-Carême is a mid-Lenten celebration, and the origin of the popular Mardi Gras. The midwinter popularity of this cultural event, with its trademarks of costumes and masks and music, is now available



to everyone at the interactive Mi-Carême Centre.

The centre is a place where your Acadian hosts want you to enjoy experiential activities. The place is a play, a theatre that has something for everyone, including mask-making workshops.

Centre de la Mi-Carême also offers children's day camps where they become involved in making masks, costumes and other creative efforts.







## **CHETICAMP**

## "Too intriguing to just pass through"

Having pedalled down the Ceilidh Trail to link up with the Cabot Trail, a group of young American cyclists were eager to "do" the Cabot Trail. As the group started their journey along the coastline to Chéticamp, the colourful village brought their eager pace to a halt. Their careful plans fell by the wayside.



"Chéticamp was too intriguing to just pass through," said one young biker. "We had to slow it down."

A combination of things made up their pleasant diversion and sidetrack, among them Chéticamp's majestic scenery of valleys and hills, capes and plateaus, and sea and mountains.

Also intriguing for those who care to explore the history of communities is that Chéticamp is a story of triumph over tragedy. In 1755 conquering British soldiers forced thousands of Acadians onto transports and shipped them out of Nova Scotia to various parts of the world. Many eventually found their way back.



## Spend Saturday morning at the Farmers' Market

Le Marché des fermiers (Farmers' Market) is held from 10:00 a.m. to 1:00 p.m. on Saturday mornings. Located at the Seniors' Hall (Salle des retraités) behind the stone church, this market offers produce, artisans' work, food and the leisurely comfort of enjoying a nice chat with locals and visitors alike.

photo by Daniel Aucoin

## Originally settled by 14 Acadian families

Among those returning were 14 families who came to the area that would become Chéticamp, bringing with them their distinctive language and special way of life.

When the first settlers arrived, a poor, harsh encampment awaited them, but they built, over two centuries, a village vibrant with heritage and culture, and a place you, too, will find "too intriquing to just pass through."



Page 60 2014 Activity Guide

## L'Église St-Pierre: a Chéticamp labour of love



Miles away from Chéticamp, the Catholic church is visible. L'Église St-Pierre is a landmark that catches a visitor's eye and holds it. From a distance, it is magnificent. From its elevated position on a small hill, the steeple appears to tower above the village. Closer viewing does nothing to dispel the first impression. While it is not on the scale of a European cathedral, it is a building that inspires awe. The massive Roman style of its exterior, which contrasts with the delicate, intricate woodworking inside, contributes to its reputation as one of the most beautiful churches in the Maritimes. It is both a tourist attraction and central to the lifestyle of this Acadian community.

To the Chéticamp Acadians, the church is a triumph of hard work, pride and the spirit of faith.

Work on *l'Église St-Pierre* began in 1893 with architect D. Ouellet of Québec and with construction directed by H. Morin of Trois Pistoles, Québec. When the sacristy was completed, the first mass was celebrated there on December 18<sup>th</sup>, 1893. The high altar in the sacristy came from *l'Église du Buttereau*, as does the bell. The bell is named Marie, and its powerful notes can be heard over long distances.

Stones from Chéticamp Island were hauled across the harbour on the ice by groups of parishioners. The Robins, who were owners of the island, donated the building material, while the parishioners furnished mortar, wood and manpower. For seven years during the construction, the churchyard became a construction site where many parishioners expended great effort and labour. At the time, the bricklayers from Québec were paid \$2 a day while other employees received 50







cents a day. But much labour was donated. The people of Chéticamp still recall with astonishment the length, depth and width of the ditches required to hold the foundations of the huge building which was 212 feet long and 74 feet wide. In 1900, the church was completed at a cost of \$41,950. It now seats 900 people downstairs.

But the expense and work were far from over. The church was painted and decorated in 1919 at the cost of \$19,000. In 1957, the church was repainted and redecorated, with frescoes and stained glass windows added. The church was last painted in 1989.

A new roof was added in 1977 at the cost of \$40,000. And the original steeple, which rose to 167 feet, had to be replaced with a new fibreglass steeple. This was built between 1982 and 1985 at the cost of \$160,000 with Marcellin Roach as contractor.

The organ, one of the first Cassavants, was acquired in 1904 and is still in excellent condition.

All this cost and labour were considered well worth it by the Chéticamp people for whom *l'Église St-Pierre* is testimony to Acadian strength in faith and community.











Page 62 2014 Activity Guide

THURSDAY TUESDAY WEDNESDAY FRIDAY SUNDAY MONDAY t and Leanne Aucoi Marc Boudreau, Gillia Douglas and Law Troy MacGillivray, Alfan Dewar, Brent Chaisson, Howie MacDonald, Brenda Boucher, Ryan J. MacNeil, Hilda Chaisson, ameron, Donnie Lettlar Dave Macisaac, Rankir J.P. Cormier and Friends DORYMAN PUB & SRILL & Clarence Deveaux John Chaisson & Jennifer Roland & Chris Babineau MacInnis, & Patrick Gillis JUNE 29 JUNE 30 JULY 1 JULY 3 JULY 4

**Les Trois Pignons** is a place offering visitors guidance and information from a friendly staff, as well as a building housing several significant Acadian treasures, including the **Elizabeth LeFort Gallery**, the **Marguerite Gallant Museum** and **The Père Charles Aucoin Genealogy Centre**.

The Elizabeth LeFort Gallery: Elizabeth LeFort learned to hook rugs at a very young age, mastering landscapes and photographic reproductions.

One of her pieces, made as a gift for her sister, featured a barnyard scene in 28 shades of brown. She made hundreds of tapestries in a large variety of subjects including pastoral scenes, birds, animals and floral motifs.

Elizabeth was so skillful at reproducing photographs that she began to create portraits in wool. Her portrait of American president Dwight Eisenhower was presented to him at the White House in 1957. This was followed with a series of portraits including Queen Elizabeth II, Pope Pius XII, Pope John XXIII, Jacqueline Kennedy, President Lyndon Johnson, Prime Ministers Lester Pearson and John Diefenbaker, and Prince Charles. Consequently, her art has graced Buckingham Palace, the White House and Vatican City in Rome.

Always striving for more challenges, she completed a series of reproductions of religious paintings, including daVinci's "The Last Supper," and scenes from the life of Jesus.

Two large original works depicting important events in the history of Canada and the United States leave no doubt as to her sense of design and her mastery of the craft.

Elizabeth LeFort, Chéticamp's most famous artist in wool, was awarded an honorary doctorate by *Université de Moncton* in 1975 and was made a member of the Order of Canada in 1987.

*Marguerite Gallant Museum*: Marguerite Gallant (1890-1983) was a native of Chéticamp with a profound love of collecting. She worked in Pennsylvania for many years as a maid for the Edward Cahill family. It is said that she learned the value of collecting from Mr. Cahill who was an ardent collector.

When she returned to Chéticamp in 1938, Marguerite moved into a tiny house which she filled with objects of all kinds. As Marguerite's reputation for collecting spread through the community, people brought objects to her rather than let them be thrown away.

After Marguerite's death, *La Société Saint-Pierre* became custodians of the collection and moved it to *Les Trois Pignons*. Thanks to this incurable collector, many valuable artifacts from Chéticamp's history have been preserved.



~ WING NIGHT ~ FRIDAYS 5-10 pm LIVE BAND ~ MOST SATURDAYS 9:30 pm-1:30 am Live Fiddle Music ~ TALENT NIGHT ~ THURSDAYS 9 pm-12 am - June/October OFF SEASON 8-11 pm Saturdays 2-6 pm

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The Père Charles Aucoin Genealogy Centre: When Father Charles Aucoin (1911-1999) retired in 1973, the beneficiary of that retirement was Chéticamp. For the next quarter of a century, the Chéticamp native threw himself into a labour of love, undertaking the laborious task of transcribing by hand all the old church records from 200 years of Acadian northern settlement in County. Father Inverness Aucoin prepared more than 100,000 personal file cards. He also wrote a number of articles on Acadian life and history.

The results of his work are of particular help to former Chéticamp people and their descendants who return to the village in search of information about their ancestors and family history. A very important department at Les Trois Pignons is that of the history and genealogy of the Chéticantins. Under the able direction of volunteers Jean-Doris (à Joe à Joe) LeBlanc and Charles D. (à Freddie à Damien) Roach, there is accumulated here all possible documentation on these subjects: books, copies of parish registers, census lists, listing of names from all the headstones in the cemetery and old photographs.

## Conseil des arts de Chéticamp celebrates 15 years

One party you will not want to miss is the party to celebrate 15 years of Le Conseil des arts de Chéticamp.

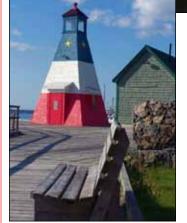
Le Conseil des arts de Chéticamp has been the driving force behind a creativity in this Acadian village since the turn of the century, and its contribution to the fostering of an enormous output of talent has been profound.



photos by Daniel Aucoin

The celebration of that talent, and those volunteers who made such creative expression over the years possible, will give visitors and residents alike a glimpse of what can be accomplished when a village or a culture decides that there are no barriers to expressing itself through the arts.

Come join the people of Cheticamp on **National Acadian Day** on August 15<sup>th</sup>, and again on August 16<sup>th</sup> at 7:30 p.m. at *Place de arts Père Anselme-Chiasson*, where the community will be celebrating the hundreds of artists and volunteers who have collectively created and produced well over 1400 shows for an audience totalling over a quarter of a million spectators.





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Page 64 2014 Activity Guide

## 39th annual Le Festival de l'Escaouette

A month-long journey through Acadian culture, heritage

Festival de l'Escaouette is an Acadian festival which last four weeks (July 13<sup>th</sup> to August 15<sup>th</sup>) in and around the village of Chéticamp. This festival celebrates the rich Acadian culture and traditions of the area with an unending soundtrack of traditional music, plays, concerts, dance and theatre.

From the festival's opening on July 13<sup>th</sup>, to its emotional closing on August 15<sup>th</sup>, the Feast of the Assumption (*Fête de l'Assomption*), the month-long celebration of all things Acadian is also a celebration intended to welcome visitors to join in and enjoy all that this vibrant culture has to offer.

What welcomes you is a centuries-old tradition of hospitality, entertainment, culture, cultural cuisine, song, theatre and attractions unlikely encountered elsewhere.

Check www.cheticamp.ca web site for a full list of activities.

Acadian musicals include premiere of Jeanne d'Acadie

The flagship of *Festival de l'Escaouette* this year is three locally written and produced musicals.

**Soleil II:** La réunion de classe The sixties show Soleil is back with a brand-new show with a twist. You will see the same group return at their usual spot at the local beach as they reunite for their 20<sup>th</sup> class reunion. Most of them have matured (some not so much), but one thing that has not changed is the laughter, the great music and dancing – but this time to the beat of the '80s.



SOLEIL cast members: Back (L to R) guitar Maxim Cormier, bass Justin Aucoin, vocals Pierre Larade, and vocals Jamie Chiasson, electric guitar Brian Doyle, drums Sebastian Deveau. Front: vocals Kassy Sonier, vocals Elyse Delaney, and looking sad on a box – Ryan Doucette (recent movies *The Disappeared* and *Cloudburst* with Olympia Dukakis.

The show runs from July 13th to the 28th at 7:30 p.m. except on Tuesdays at Place des arts Père Anselme-Chiasson.





Page 66 2014 Activity Guide

Gélas II – Les noces - Les noces is the story of Jeanette, the daughter of Gélas and Tarzille, as she prepares to marry Richard, a young man from New York. The mounting of this play involves the culture, dance and music of the Acadians, heavily sprinkled with that culture's irrepressible humour. August 6<sup>th</sup>-13<sup>th</sup> at 7:30 p.m. at Place des arts Père Anselme-Chiasson.



## Les Noces will be remounted August 19th-24th

July 13<sup>th</sup>-28<sup>th</sup> features *Le Soleil II* and August evenings from the 6<sup>th</sup>-13<sup>th</sup> features *Les noces*, while *Jeanne d'Acadie* premieres for three special nights, August 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.

These productions showcase a depth of talent in this small village deeper than the Atlantic waters, upon which Cheticamp's fishing tradition has thrived for generations, and continues to fish for succulent lobster and crab.



In addition, the popular *Les noces* will be remounted to run August 19<sup>th</sup>-24<sup>th</sup> at *Place des arts Père Anselme-Chiasson* beginning at 7:30 p.m.

## CHURCHES

St-Pierre Roman Catholic (Chéticamp) 224-2064

St. Joseph's Roman Catholic (St. Joseph du Moine) 224-3333



Jeanne d'Acadie - This production theatrical tells the epic story of Jeanne Dugas born in Louisbourg in 1731 and amongst the first settlers of Chéticamp. Unfortunately, Acadian history had few women whose lives and contributions have been recognized as important historical figures. Evangeline was a fictitious character created by Henry



Wadsworth Longfellow. Jeanne Dugas was an Acadian woman who actually existed, and in her lifetime travelled all over *l'Acadie* during the darkest period of Acadian culture. Her story of courage in the face of tremendous adversity needs to be told on stage for all to hear and see. August 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> at 7:30 p.m. at *Place des arts Père Anselme-Chiasson*.

The music and dance are universal, the humour slapstick, and the play performed with the hope of leaving no one behind when it comes to enjoying its wit, its art and the sheer joy Acadians take in being who they are.

The plays begin each evening at 7:30 p.m., and an evening of theatre is always a fine way to wind down from a busy day of visiting all that the Cheticamp region has to offer.

While all performances are presented in the Acadian language, don't be shy about attending.

## Le Portage Golf Course is unique!

Chéticamp's 18-hole Le Portage Golf Course offers an extraordinary chance to play your favorite sport in a majestic decor on the rugged shores of the Gulf of St. Lawrence located on the famous Cabot Trail and only minutes from the Cape Breton Highlands National Park. This marvelous golf course also gives you the opportunity of getting in closer touch with the people of this genuine Acadian village and its history. In fact, each hole of this course has a typical French Acadian name and a plaque relating, in French and English, places of ecological and historical interest, the unique style of life of this community, its French Acadian culture and language dating from the 16th century.

Le Portage championship layout features four sets of tees, over 60 bunkers and six ponds to challenge golfers of any level. Le Portage is known as Cape Breton's "Hidden Gem" and is often a favorite of many golfers who play the course and is considered a must play as it offers amazing scenary, premier course conditions and an exceptional value with affordable pricing. Located between Cabot Links (45 minutes) and Highlands Links (1 hour 15 minutes). Enjoy a lobster sandwich or a cold libation on the 360 degree patio which looks out over the ocean and the Cape Breton Highlands after or before your round and enjoy the relaxed atmosphere that the Acadian Club offers. PGA of Canada General Manager / Head Professional offers private, group or junior lessons if you wish to fine tune your game and is always available to welcome you to the club and community.

Le Portage golf club offers a fully stocked pro shop with all the latest men's and ladie's fashions from Nike, Sun Ice, AUR, Lopez, Antiqua as well as Titleist and Wilson rental sets, three HD big screen televisions and free Wi-Fi in the lounge. Follow Le Portage Golf Club on Facebook and get the latest offers on the website at www.leportagegolfclub.com.



The view of the #1 fairway of Le Portage Golf Course

## E PORTAGE

## **18 HOLE CHAMPIONSHIP LAYOUT**

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## HIKING

Breton **Highlands** Cape National Park's hiking trails range from easy strolls to challenging climbs panoramic views of canyons, highlands and seacoasts The trails provide a chance to intimately explore the complex habitat of northern Cape Breton Island. Nature doesn't end at the park's boundaries. Many surrounding areas boast equally breathtaking trails.

## **HIKING CHALLENGE**

10 Trails in One Day

Sample ten short trails in one day, exploring a variety of habitats - Acadian, Boreal and Taiga – for your chance to win a great prize! Easily done at your own leisurely pace if you walk regularly. Bring in a signed list or photo documentation (a photo of you on each trail) to a park visitor centre.

## **10-HIKE DAY PLAN**

8:00 a.m. -

wake up, walk the dog, eat breakfast, read the paper, check email 9:30 a.m. pack a lunch and snacks 10:00 a.m. drive to any trail; complete the others in sequence (lunch in car); return home 7:00 p.m. shower, supper, celebrate

## SUGGESTED TRAILS

- 1. Le Buttereau
- 2. Bog
- 3. Benjie's Lake
- 4. MacIntosh Brook
- 5. Lone Shieling
- 6. Jigging Cove
- 7. Jack Pine
- 8. Green Cove
- 9. Freshwater Lake
- 10. Freshwater Lake Look-Off



The following is a list of Cape Breton Highlands National Park's hiking trails. Distances are round-trip with average walking times. Click on the trail name for more detailed information

### ACADIAN (LOOP)

Distance 8.4 km Time 3 - 4 hours Elevation 20 - 365 m

### SALMON POOLS Distance 12.2 km

Time 3 - 4 hours Flevation 15 - 110 m

## LE CHEMIN DU BUTTEREAU

Distance 4.6 km Time 1.5 hours Elevation 25 - 65 m

## LE BUTTEREAU (LOOP)

Distance 1.6 km Time 30 - 45 minutes Elevation 0 - 55 m

## LE VIEUX CHEMIN DU

CAP-ROUGE Distance 9 km

### Time 2.5 - 3.5 hours Elevation 40 - 110 m

**CORNEY BROOK** Distance 6.5 km

### Time 2 hours Elevation 30 - 170 m

SKYLINE

Distance

7.5 km or 9.2 km (loop)

Time 2 - 3 hours **Elevation 290 - 405 m** 

## **BOG (LOOP)**

Distance 0.5 km Time 15 minutes Elevation 410 m

## **BENJIE'S LAKE**

Distance 3 km Time 1 - 1.5 hours

### Elevation 400 m **FISHING COVE**

Distance 5.7 km or 12 km Time 2 - 3 hours or 5 - 6 hours

### Flevation 0 - 355 m MACINTOSH BROOK

Distance 1.7 km Time 30 - 45 minutes Elevation 30 - 65 m

## LONE SHIELING (LOOP)

Distance 0.6 km Time 15 minutes Elevation 70 m

## **ASPY**

Distance 9.6 km Time 3 - 4 hours Elevation 60 - 450 m

### **GLASGOW LAKES** LOOK-OFF

Distance 9.2 km Time 3 - 4 hours Elevation 260 - 460 m

## JACK PINE (LOOP)

Distance 2.3 km Time 1 hour Elevation 0 - 50 m

## **COASTAL**

Distance 11.3 km Time 3 - 4 hours Elevation 0 - 45 m

## JIGGING COVE (LOOP)

Distance 2.4 km Time 40 - 50 minutes Elevation 50 - 65 m

## **GREEN COVE**

Distance 0.2 km Time 10 minutes Elevation 10 m

### **BROAD COVE MOUNTAIN**

Distance 2.3 km Time 1 hour

### Elevation 35 - 180 m WARREN LAKE (LOOP) Distance 4.7 km

Time 1.5 hours

Elevation 15 m

## **BRANCH POND LOOK-OFF**

Distance 8.1 km Time 2 - 3 hours Elevation 100 - 305 m

### FRANEY (LOOP)

Distance 7.4 km Time 2 - 3 hours Elevation 95 - 430 m

### **CLYBURN VALLEY**

Distance 8.5 km Time 2 - 3 hours

### Elevation 5 - 50 m

MIDDLE HEAD Distance 3.8 km Time 1.5 hours Elevation 0 - 45 m

## FRESHWATER LAKE LOOK-

Distance 0.3 km Time 10 minutes Flevation 10 - 45 m

## FRESHWATER LAKE

Distance 1.7 km Time 30 - 40 minutes Elevation 0 - 15 m

## REMEMBER THAT YOU ARE HIKING IN A PROTECTED WILDERNESS ENVIRONMENT.

- Do not approach, disturb or feed wild animals.
- Hike with friends and a solid walking stick.
- If you choose to walk alone, tell somebody where you are going.
- Pack in, pack out. Littering attracts wildlife and puts you and the animals at risk.
- Stay on boardwalks to protect fragile vegetation.

- Mountain bikes are permitted only where indicated, for public safety and protection of the environment.
- Dress appropriately. Weather may change rapidly on the plateau and along the coast.
- Bring water, especially for longer trails, climbs and open barrens.
- Bring insect repellant. Black flies and mosquitoes are common all summer.

**PLEASANT BAY** 2014 Activity Guide

## GAMPO ABBEY - An oasis of peace -

Work started in the summer of 1999 on a stupa at Gampo Abbey that contains relics of the Vidyadhara Chogyam Trungpa Rinpoche. It is the first stupa built in Nova Scotia. Ven. Thrangu Rinpoche, Abbot of Gampo Abbey, requested in 1996 that the stupa be built. The project had the strong support of Sakyong Mipham Rinpoche and fulfills the Vidvadhara's request that his relics be distributed between RMSC, Karme Choling and Gampo Abbey. Thrangu Rinpoche consecrated the completed stupa in 2001.



An Annual Canada Day Softball Game is held between the Department, a fund-raiser for the PBVFD.

saffron-robed monks and nuns of Gampo Abbey and the firefighting clad members of the Pleasant Bay Volunteer Fire **MID TRAIL MOTEL & INN** Enjoy our beautiful ocean-side rooms, award-winning restaurant and nearby attractions. 23475 Cabot Trail, Pleasant Bay, Cape Breton Island, N.S. B0E-2P0 Website; www.MidTrail.com email: info@MidTrail.com

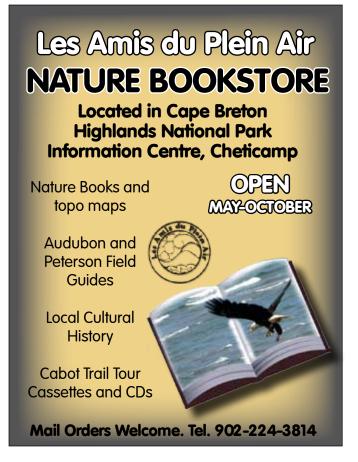
According to Rinpoche, a *stupa* traditionally represents the mind of the Buddha and has the power to convey the mind

transmission to those who gaze at it. The stupa, he said, is dedicated to world peace, and will become tourist attraction that will bring many people to the spiritual path. To symbolize the overcoming aggression, Rinpoche buried weapons in the ground below where the stupa was built, including a World War I rifle donated by a Cape Breton neighbour of the Abbey, and he consecrated the site.

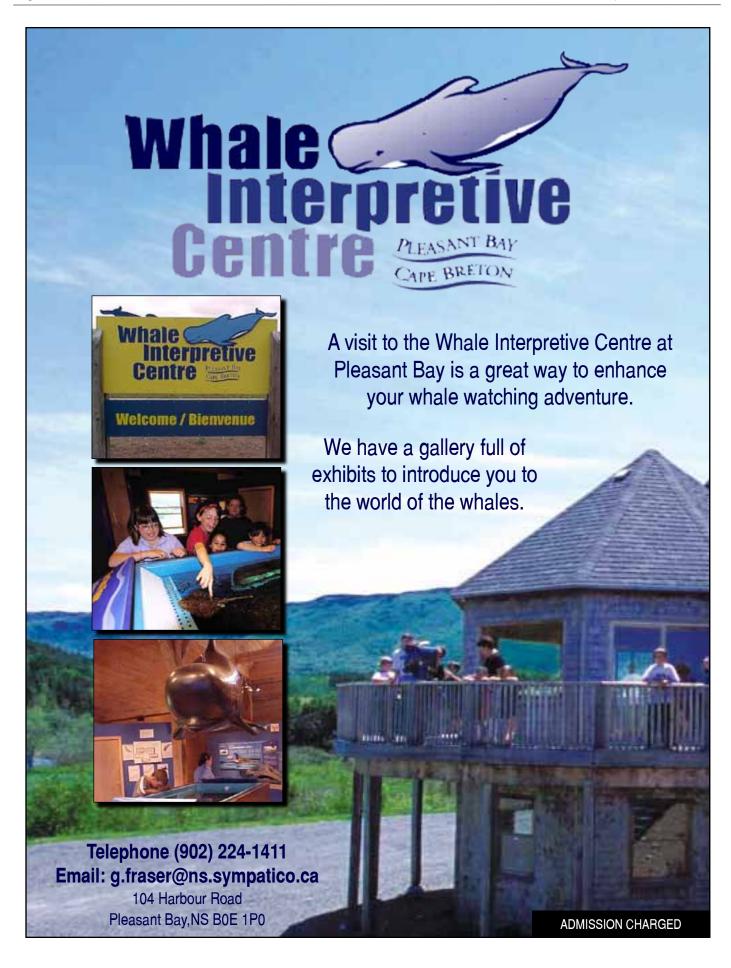


Come take a guided tour of Gampo Abbey! The Abbey is once again offering guided tours this summer. See the shrine room where we practice, visit our library with over 5,000 books on Buddhism and religion, learn about our lineage and activities, and get a glimpse into the life of the monastics and lay residents living at Gampo

> Tours are offered Monday through Friday, at two times: 1:30 p.m. and 2:30 p.m.



Page 70 2014 Activity Guide



## **MEAT COVE** - A Wonderful Camping Experience



Meat Cove is the most northern tip of Cape Breton Island. Its campsite offers beauty, hiking, and the thrill of unpredictable weather patterns. An inspiring place to watch a sunrise.

The village is known for the spectacular views it provides for visitors from across the world, and also for The Meat Cove Campground and Ocean Side Chowder Hut.

The Meat Cove Campground opened in 1986 and is hosted by the MacLellan family. The campground provides people with spacious room for their tents, thirty unserviced campsites, newly built camp cabins, running water, hot showers, beautiful hiking trails mainly all with ocean view.

Kayaks can be rented to paddle along the coast. Or you can just sit at your picnic table and watch the whales glide past!

Cook on an open fire or visit us at the Ocean Side Chowder Hut. Here you will find some main dishes such as homemade seafood chowder, fresh halibut, salmon or lobster and crab. Complement these dishes with a Nova Scotian beer or a local red or white wine.

### **GPS Data**

Cape St. Lawrence light Turn
N47'01.423'W60'34.696'
Cattle Corral N47'01.560' W60'34.381'
Meat Cove Lookout-1 Turning N47'01.413'
W60'34.233'
Meat Cove Lookout -2 N47'01.225' W60'34.146'

View of Light from 525ft N47'01.796' W60'35.277'
Polletts Cove Turn off N47'01.013'W60'35.294'
Abandoned Farm N47'00.856'W60'36.219'
Lowland Cove inland/Coastal Junction
N47'01.299' W60'37.144'
Wooden Gate N47'01.446' W60'34.150'

## **HIKING**

Meat Cove is widely known for all its wonderful hiking trails. We offer a variety of trails that will not disappoint you, all with amazing views that you will not forget. Be sure to bring your camera to capture the scenes on film.

### **CAPE ST. LAWRENCE TRAIL**

Trail length 5 km one way, maximum elevation 850 ft. This Trail starts by the office at the Meat Cove Community Centre/Restaurant (check with office if you plan to leave your vehicle near here) on the gravel road and changes to a narrow track after 150 meters and proceeds up the hill. This is by far the steepest and most challenging part of the hike. In the first kilometer you will climb nearly 700 ft and pass by a wooden gate and the sign for the Meat Cove Look Off trail to your left. By the time you reach a meadow and corral to your right most of the climbing is finished. About 2 kilometers from the start you will see the side trail to Cape St. Lawrence to your right. As of July, 2009 this was well marked with flagging tape on both sides. It's the first trail to your right past the meadows of any size and suitable for an ATV or horse and cart originally. The rest of the hike is an easy 3 km proceeding gradually downhill except for one short steep section. Be sure to check the look-off at the top of this section just past Big Pond.

### **LOWLANDS COVE TRAIL**

Is 5 km to the coast from the Cape St. Lawrence turn-off or 7 km from the Meat Cove Community Centre/Restaurant. Instead of taking the Cape St. Lawrence turn-off at the 2 km mark, keep straight on. After another kilometer you will see the Pollets Cove turn-off to your left; after about another kilometer you should see the disused road and trail to the abandoned zinc mine (1.5 km); another 0.75 km takes you to an abandoned farm. All that remains is a clearing and some farm implements. The trail proceeds gradually down to the coast. The topographic map indicates a side trail to Lowlands Cove Brook starting 0.7 km from the coast. I was day-dreaming and totally missed this turn-off. Judging by the stunning scenery it would be worth locating.

### **LOWLANDS COVE COASTAL TRAIL**

Is 3.2 km coastal trail. Just keep a safe distance from the cliff edge and follow ATV and animal tracks along the coast. If proceeding from Lowlands Cove, the Cape St. Lawrence Light and start of the trail to Meat Cove is easy to find. Proceeding the other way to Lowland Cove, be on the look-out for the trail just before the grassy area changes to a wooden area as Lowlands Brook is approached. Steel posts painted red can be found thoughout the Lowlands. There are a couple located close to where the trail starts inland.

## **MEAT COVE MOUNTAIN TRAIL**

Is 1.3 km to eastern end of ridge. This trail starts a short distance up the road from the Internet Café and is marked by a sign on a tree and a few stones placed to form steps. The trail climbs steeply nearly 900 ft in the first 0.75 km and then levels off somewhat. The grassy ridge of the mountain extends over a kilometer with fantastic views in all directions.

## **RIVER BOARD WALK TRAIL**

This pleasant boardwalk trail extends nearly a kilometer from the Internet Café to the beach.

Page 72 2014 Activity Guide

## Looking forward to your return!

As the sun sets over the island we hope that you have enjoyed your stay, made new friends, and your vacation was a memorable experience that you will wish to share with others, as well as experience again yourselves.

As you leave Inverness County and Cape Breton Island, we already offer you a "Welcome back!" and look forward to seeing you again at one of our ceilidhs, square dances, outdoor concerts, beaches or on one of our adventurous hiking trails.

'Til we meet again...

## CHETICAMP





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## MAIN STREET, CHETICAMP

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SUMMER HOURS Starting June 1st

9-6 MONDAY, TUESDAY & WEDNESDAY 9-9 THURSDAY 9-5 SATURDAY



19+ SUMDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY UNE 29 **HUNE 30 JULY 4** HAVE 11144 IULY 3 0 Kenneth and Culum **CELTIC MUSIC** David Greenberg, Sandy Andrea Seaton, Kinnon Shelly Campbell MacKenzie. INTERPRETIVE CENTRE **Event and Otherty** MacIntyre, Doug MacPhee, and Betty Beaton, Shelly Campbell & Donnie Compbell & Cheryl Smith & Sandy MacDoneld & Patrick Gillis 2 Rodney HacDonald, Donna Marie DeWolfe Brian MacDonald, Karen Douglas Cameron, Donnie Howie MacDonald, Brenda Down and Margie Beston, RED SHOEPUB Glenn firaham, [.]. Chaisson. Gabrielle MacLellan, Tom LeBlanc, Dave Macisaac, Beaton, John Pellerine, Jory Stubbert, Tracey MacKeil, Kenneth MacKenzin Kevin Dugas, & Joel Chaisson Daniels, Mary Elizabeth Rankin MacImnis, Beaton, Marion Dewar, & Clarence Deveaux & Jason Roach Macinnis, & Cyril MacPhee & Howie MacDonald & Roger Stone 3 lan MacDougall, Kimberley Fraser, Melody and Denick Camerus Troy MacGillivray, Allan All Fired Up. Shelly Campbell, Allan Cimon and fletty braton, **CABOT PUBLIC HOUSE** Jackie Duren-Hackson Dewar, Brent Chaisson, **Evens and Doherty** Rachel Davis, Dewar, Sandy HacDonald. A Patrick Larney & Blanche Spohocies John Cheston & Buddy MacDonald & Kolton MacDonell 4 Brent and Leanne Aucoin, Marc Boudreau, Gillian Douglas and Lawrence Howie MacDonald, Brenda Troy MacGillivray, Allan DORYMAN PUB & GRILL Cameron, Dormie LeBlanc Robert Deveaux, Boucher, Ryan J. MacNell, Dewar, Brent Chaisson, Stubbert, Tracey MacNeil. J.P. Cormier and Friends Hilda Chaisson, Dave Machaac, Rankin Childreng & Clarence Deveaux John Chaisson & Jennifer Roland & Chris Babineau Macinnis, & Patrick Gillin 6 lan MacDougall, Kimberley Fraser, Holody and Kenneth and Celum David Greenberg, Sandy MacIntyre, Doug MacPhee. Brent and Leanne Aucoin, All Fired Up. KELTIC LODGE **МасКатаю** Ruchel Davis Allie Bennett, Child Derrick Cameron. Shelly Campbell. & Jerunifer Roland & Buddy MacDonald & Donnie Campbell & Kolten MacDonell & Putrick Gillin 7 Rodney MacDonald, Howie MacDonald, Brenda Andrea Beaton, All Fired Up, GOVERNOR S PUB Wendy Macisaac and Mary Glenn Graham, LL Chaisson, Stubbert, Tracey MacNell, Wendy Macisaac, Joel J.P. Cormier and Friends Rachel Davis, Kevin Dugas, & Joel Chaisson Jane Lamond Band & Clarence Deveaux Chaisson, & Patrick Gillis & Buddy MacDonald 8 Brent and Leanne Aucoin. Douglas Cameron, Donnie Marc Boudreau, Gillian Dawn and Hargie Beaton, Kenneth HacKenzie, OLD TRIANGLE PUB Sonan MacLean, Boucher, Ryan J. MacNeil, Hilda Chaisson. Lettanc, Dave Machinec, Evans and Doberty Côig Allie Bennett Rankin Macinnis. & Jason Roach & Chris Babinoau & Jennifer Rolland & Howie MacDonald 9 Donna Marie DeWelfe, Marc Boudreau, Gillian Dawn and Margie Beaton, Kenneth MacKenzie, Kinnon and Betty Beaton, Andrea Beaton, Paul K. Gabrielle MacLellan, Tom Daniels, Mary Elzabeth BRAS D'OR LAKES INN Wendy MacIsaac and Mary Boucher, Ryan J. MacHell, Hilda Chaisson, Andrea Beaton, and Tracey MacNeil, St. Peter's Jane Lamond Band & Blanche Sophocles & Jason Roach & Chris Babineau Macimis, & Cyril MacPhee & Chris Babineau 10 Donna Marie DeWolfe, Ian MacDougall, Kimberley Fraser, Helody and Derrick Cameron, Kninneth and Calum Brian MacConald, Karen Wendy Madistac. Gabrielle MacLellan, Tom **WATERFRONT CENTRE** MacKeszie, Sheily Campbell, Beaton, John Pellerine, Joey Keith and Colin HacDonald meis, Hary Elizabeth LP. Cormier and Friends Beaten, Marion Dewar & Mac Morin MacInnis, Doug Larney, & Patrick Gillin A junior Fraser & Kolten MacDonell & Rob Mart eas 12 Rodney MacDonald, Brian MacDonald, Karen David Greenberg, Sandy MacIntyre, Doug MacPhoe, Kinnon and Betty Beaton. Shelly Campbell, Allan **BADDECK YACHT CLUB** Glenn Greham, J.J. Chaisson, Kevin Dugas, & Joel Chaisson Beaton, John Pellerine, Jory Jackie Dunn-Macissar, Dewar, Sandy MacDonald, Bauton, Marion Deway **A Blanche Sophocies** & Patrick Lamey & Donnie Campboll

PLUS, EVENTS AT THE HIGHLAND VILLAGE, IONA 🛈 AND AN ENTIRE WEEK OF ACTIVITIES AT THE GAELIC COLLEGE, ST. ANN'S 🔞 Square Dance, Pipe Band, Highland Dance, and Scottish Heavy Event Demon , Community Meals, Dance Mor/The Big a Finale Pub Night and so much more! Concert featuring the Barra MacNe

FOR MORE INFORMATION AND TO PURCHASE TICKETS FOR THESE EVENTS, CHECK OUT WWW.GAELICCOLLEGE.EDU/KITCHENFEST OR CALL 902-295-3411

















& Roger Stone



**9PM-12AM** \*10 AT THE DOOR